

Programs for children, youth, and adults on the autism spectrum





Fall registration for most weekly programs opens on a first-come, first-served basis on **Sunday, September 7th at 6pm.**



Registration for family experiences and many youth & adult programs takes place on the 15th of each month at 6pm. Subscribe to the [monthly newsletter](#) to stay up-to-date on all opportunities.



Families and individuals need to **create a free CAN account** in order to sign up for programs and family experiences. Create an account at canucksautism.ca/register. *Autistic individuals ages 13+ do NOT need a formal diagnosis to register.* [Learn more.](#)



Participants will be enrolled in a **maximum of 2 weekly programs** per season. There is no limit to the number of program waitlists you can sign up for.



Payment is due upon registration. Alternative payment methods, such as Fee Assistance, are available. However, requests need to be submitted **prior** to registration. [Learn more.](#)



You will receive a confirmation email with details including the schedule and exception dates. Exception dates can also be viewed in the registration system in your profile under **Schedules**.



To withdraw from a program entirely, please visit your **CAN account**. If you are going to miss a session for any reason, please let us know by visiting canucksautism.ca/absence.



Families must purchase a **\$25 Family Experience Pass** to be able to sign up for family events. The \$25 pass provides 365 days of access for the whole family.

Don't have a CAN account yet? Learn more about signing up at canucksautism.ca/join.

PROGRAM FEES

We want to ensure that program fees do NOT create any financial barriers to participation.

In addition to credit card, fees may be processed through:

1. The CAN Fee Assistance Program

- The [Fee Assistance Form](#) must be completed **in advance** of registration for the program.
- A code will be provided to use for registration.

2. Autism Funding

Parents/guardians of participants' ages 6-18 can submit a Request to Pay form to Autism Funding for any **program fee that is over \$100**.

3. Additional Payment Options

We are open to processing program fee payments through additional routes, including bursaries.

For more information on payment options, including the methods listed above, please visit the [Policies & Payment Options](#) page of our website.

PARTICIPANT SUPPORT

Program Registration Questionnaire

Parents, caregivers, and/or participants are invited to provide as much information as possible about support needs when registering.

This information is provided to CAN staff at the beginning of each program to ensure that support strategies are customized to meet the unique needs and level of independence of each participant.

Ongoing Collaboration

We also encourage parents, caregivers, and/or participants to speak directly with staff at the program about ongoing support needs.





FAMILY EXPERIENCES (all ages)

Access unlimited family events for a year by purchasing a **Family Experience Pass** for a family rate of **\$25/year**.

Enjoy year-round activities that are open to the entire family, with all ages welcome. Activities may include: mini golf, visits to the farm, ice skating, holiday events and more!

We offer two types of Family Experiences:

1. Exclusive Family Experience

- ✓ CAN tents and signage on site
- ✓ CAN staff and volunteers onsite
- ✓ Facility is closed to the public
- ✓ Accommodations are made to ensure the event is more sensory friendly

2. Community Family Experience

- ⇒ Fewer CAN staff supporting the event
- ⇒ Venue is open to the public during the event



Family Experiences open for registration on the 15th of each month for the following month's events.

I.e. If a Family Experience is taking place on October 15, registration will open on September 15.

Programs by Location

Lower Mainland

Abbotsford

- Dance ([7-12yrs](#))
- Swim ([3-5](#), [6-12yrs](#))

Burnaby

- Skate ([3-6](#), [7-12yrs](#))
- Swim ([3-5](#), [6-12](#), [13+yrs](#))

Chilliwack

- Gymnastics ([7-12yrs](#))
- Multisport ([3-6](#), [7-12yrs](#))
- Swim ([3-5](#), [6-12yrs](#))

Coquitlam

- Hockey ([8-18yrs](#))
- Multisport ([3-6](#), [7-12yrs](#))
- Skate ([3-6](#), [7-12yrs](#))
- Swim ([3-5](#), [6-12yrs](#))

Langley

- Multisport ([3-6](#), [7-12yrs](#))
- Swim ([3-5](#), [6-12](#), [13+yrs](#))

Mission

- Swim ([3-5](#), [6-12yrs](#))

New Westminster

- Fitness ([13-17yrs](#))

Richmond

- Gymnastics ([7-12yrs](#))
- Multisport ([3-6](#), [7-12yrs](#))

Surrey

- Dance ([7-12yrs](#))
- Gymnastics ([7-12yrs](#))
- Hockey ([8-18](#), [18+yrs](#))
- Skate ([3-6](#), [7-12yrs](#))
- Swim ([3-5](#), [6-12](#), [13+yrs](#))

Vancouver

- Basketball ([13-17yrs](#))
- Dance ([7-12yrs](#))
- Hockey ([8-18](#), [16+yrs](#))
- Multisport ([3-6](#), [7-12yrs](#))
- Music ([3-6](#), [7-12yrs](#))
- Skills Training Employment Program ([16+yrs](#))
- Swim ([3-5](#), [6-12](#), [13+yrs](#))
- Wellness & Mental Health ([13+yrs](#))

Lower Mainland

- Ready, Willing & Able career navigation ([16+yrs](#))

Virtual Programs

- Children ([7-12yrs](#))
- Youth & Adult Rec Programs ([13+yrs](#))
- Wellness & Mental Health Programs ([13+yrs](#))
- Ready, Willing & Able career navigation ([16+yrs](#))

Questions?

info@canucksautism.ca | 604-685-4049

1788 West 8th Avenue, Vancouver

Mon-Thu, 9:00am-4:00pm (Fri by appointment)

Interior

Vancouver Island

Kamloops

- Gymnastics ([7-12yrs](#))
- Multisport ([3-6](#), [7-12yrs](#))
- Skate ([3-6](#), [7-12yrs](#))
- Swim ([3-5](#), [6-12](#), [13+yrs](#))

Kelowna

- Gymnastics ([7-12yrs](#))
- Multisport ([3-6](#), [7-12yrs](#))
- Outdoor Active ([13+yrs](#))
- Skate ([3-6](#), [7-12yrs](#))
- Skills Training Employment Program ([15-30yrs](#))
- Swim ([3-5](#), [6-12yrs](#))

West Kelowna

- Multisport ([3-6](#), [7-12yrs](#))

Nanaimo

- Climbing ([13+yrs](#))
- Multisport ([3-6](#), [7-12yrs](#))
- Skate ([3-6](#), [7-12yrs](#))
- Swim ([3-5](#), [6-12yrs](#))

Victoria

- Fitness ([13+yrs](#))
- Multisport ([3-6](#), [7-12yrs](#))
- Swim ([3-5](#), [6-12yrs](#))
- Skate ([7-12yrs](#))

Sessions subject to change.

Programs by Age Group

3-6yrs	7-12yrs	13-17 & 18+yrs	
<ul style="list-style-type: none"> • Family Experiences • Multisport • Music • Preschool Swim • Skate • Swimmer 1/2/3* 	<ul style="list-style-type: none"> • Dance • Gymnastics • Hockey • Family Experiences • Multisport • Music • Skate • Swimmer 1/2/3* • Virtual Art • Virtual Coding • Virtual Coding (Advanced) 	<ul style="list-style-type: none"> • Autistic Community Group • Autistic Youth & Wellbeing • Basketball • Book Club • Craft & Connect • Dungeons & Dragons • Family Experiences • Fitness • Healthy Relationships, Sexuality & Autism • Hockey • Movie Club 	<ul style="list-style-type: none"> • Outdoor Active • Pop-Up Opportunities • Ready, Willing & Able • Rock Climbing • Swim • Skills Training Employment Program • Women's Peer Group ♀

*Please note: Swim programs in this age range are offered for 6-12yrs.

Swim Levels Overview



Preschool Swim (3-5yrs) participants work on entries into the water, buoyancy, bubbles, movement, floats, and front/back swim. Games and songs are incorporated into lessons to create a fun environment that encourages comfort in the water!

Prerequisite: No previous swim experience required. Participants with all levels of support needs are encouraged to register.



Swimmer 1 (6-12yrs) focuses on swimming strokes, skills and building confidence. Participants will be introduced to skills adapted from the Lifesaving Society Swimmer 1 curriculum, including bubbles, floating, gliding, kicking, water entries and exits.

Prerequisite: No swim experience required. Intended for those working on the skills listed above.



Swimmer 2 will build on the foundational skills mastered in Lifesaving Society Swimmer 1, with a focus on kicking, front and back crawl, and Water Smart education. Participants will continue to work on swim endurance with a target distance of 10 meters. An introduction to deep water activities and life jackets will also be included.

Prerequisite: Participants must have successfully completed Swimmer 1 (or Red Cross Level 1) and/or can confidently and independently execute the associated skills.



Swimmer 3 will continue to expand on skills completed in Swimmer 2 with the addition of front/side glide with kicks and increasing front and back crawl distance to 15 meters. A lot of time is spent in deep water practicing jumps, dives, and deep water support.

Prerequisite: Participants must have passed Swimmer 2 (or Red Cross Level 2) and/or can confidently and Independently execute skills developed in Swimmer 2 (or Red Cross Level 2).

It is the parent/guardian's responsibility to register for the correct swim level.

If a participant has been registered into the wrong level, our ability to transfer them into the appropriate level once the season has started will be subject to availability.

If no space exists, the participant may have to be withdrawn from the program.



EARLY YEARS PROGRAMS

Ages 3-6



Multisport participants enjoy a range of games and activities in a safe and supportive indoor environment. Activities vary from season-to-season, but can include floorball, soccer, basketball, golf, baseball, and more.

COST: \$51 for 6 weeks



FALL 2025 MULTISPORT LOCATIONS & TIMES: 3-6 YRS

City	Facility	Day	Time	Starts	Ends	Register
Chilliwack	Atchelitz Hall	Wednesday	4:45-5:30PM	Oct 15	Dec 3	REGISTER
Coquitlam	Bettie Allard YMCA	Saturday	12:45-1:30PM	Oct 25	Dec 6	REGISTER
Kamloops	Beattie Elementary	Sunday	1:30-2:15PM	Oct 26	Nov 30	REGISTER
Langley	Timms Community Centre	Monday	5:45-6:30PM	Oct 27	Dec 15	REGISTER
Nanaimo	Randerson Ridge Elementary	Tuesday	5:00-5:45PM	Oct 14	Nov 25	REGISTER
Richmond	West Richmond Community Centre	Sunday	2:15-3:00PM	Oct 26	Dec 7	REGISTER
Vancouver	Britannia Community Centre	Monday	5:15-6:00PM	Oct 27	Dec 8	REGISTER
Victoria	Macaulay Elementary	Tuesday	6:30-7:15PM	Oct 14	Nov 25	REGISTER
West Kelowna	Mar Jok Elementary	Monday	5:15-6:00PM	Oct 27	Dec 8	REGISTER

Registration opens Sunday, September 7 at 6:00pm.

Registration is first-come, first served. Sessions subject to change.

Caregiver & Child Music (3-6yrs)

The **Caregiver & Child Music** program, in partnership with Vancouver Academy of Music (VAM), provides an intro to basic percussion in a child and parent group format. Games and exercises will teach a variety of rhythms. Taught by VAM instructors and supported by CAN staff.

COST: \$51 for 6 weeks



FALL 2025 MUSIC LOCATIONS & TIMES: 3-6 YRS

City	Facility	Day	Time	Starts	Ends	Register
Vancouver	Vancouver Academy of Music	Wednesday	4:00-4:45PM	Oct 29	Dec 3	REGISTER
Vancouver	Vancouver Academy of Music	Wednesday	5:00-5:45PM	Oct 29	Dec 3	REGISTER

Registration opens Sunday, September 7 at 6:00pm.

Registration is first-come, first served. Sessions subject to change.

[Skate](#) teaches participants basic skating skills, such as moving forward, gliding, and stopping in a safe and supportive environment.

The program is led by a skills coach, while additional staff and volunteers work with participants to provide individualized instruction.

COST: \$60 for 6 weeks



FALL 2025 SKATE LOCATIONS & TIMES: 3-6 YEARS

City	Facility	Day	Time	Starts	Ends	Register
Burnaby	Rosemary Brown Rec Centre	Sunday	9:00-9:30AM	Oct 26	Dec 7	REGISTER
Burnaby	Rosemary Brown Rec Centre	Sunday	9:30-10:00AM	Oct 26	Dec 7	REGISTER
Coquitlam	Poirier Sport & Leisure Complex	Saturday	2:15-2:45PM	Oct 4	Nov 15	REGISTER
Coquitlam	Poirier Sport & Leisure Complex	Saturday	2:45-3:15PM	Oct 4	Nov 15	REGISTER
Kamloops	Memorial Arena	Thursday	4:00-4:30PM	Oct 23	Nov 27	REGISTER
Kelowna	MNP Place	Thursday	5:00-5:30PM	Oct 30	Dec 4	REGISTER
Nanaimo	Cliff McNabb Arena	Friday	4:15-4:45PM	Oct 17	Nov 28	REGISTER
Surrey	North Surrey Sport & Ice Complex	Saturday	9:45-10:15AM	Oct 25	Dec 6	REGISTER
Surrey	North Surrey Sport & Ice Complex	Saturday	10:15-10:45AM	Oct 25	Dec 6	REGISTER
Surrey	North Surrey Sport & Ice Complex	Saturday	10:45-11:15AM	Oct 25	Dec 6	REGISTER



“ My son not only gained skating skills, but also social and conversational skills. The staff were amazing! ”

Registration opens Sunday, September 7 at 6:00pm.
Registration is first-come, first served. Sessions subject to change.

Preschool Swim (3-5 years) participants work on entries into the water, buoyancy, bubbles, movement, floats, and front/back swim.

Games and songs are incorporated into lessons to create a fun environment that encourages comfort in the water!

COST: \$70 for 8 weeks



FALL 2025 PRESCHOOL SWIM LOCATIONS & TIMES: 3-5 YEARS

City	Facility	Day	Time	Starts	Ends	Register
Abbotsford	Matsqui Recreation Centre	Wednesday	4:00-4:30PM	Oct 22	Dec 10	REGISTER
Abbotsford	Matsqui Recreation Centre	Wednesday	4:30-5:00PM	Oct 22	Dec 10	REGISTER
Burnaby	Edmonds Community Centre	Saturday	9:00-9:30AM	Oct 18	Dec 13	REGISTER
Burnaby	Edmonds Community Centre	Saturday	9:30-10:00AM	Oct 18	Dec 13	REGISTER
Chilliwack	Cheam Leisure Centre	Sunday	8:30-9:00AM	Oct 19	Dec 14	REGISTER
Chilliwack	Cheam Leisure Centre	Sunday	9:00-9:30AM	Oct 19	Dec 14	REGISTER
Coquitlam	City Centre Aquatic Complex	Sunday	8:00-8:30AM	Oct 19	Dec 14	REGISTER
Coquitlam	City Centre Aquatic Complex	Sunday	8:30-9:00AM	Oct 19	Dec 14	REGISTER
Coquitlam	City Centre Aquatic Complex	Sunday	9:00-9:30AM	Oct 19	Dec 14	REGISTER
Coquitlam	City Centre Aquatic Complex	Sunday	9:30-10:00AM	Oct 19	Dec 14	REGISTER
Coquitlam	City Centre Aquatic Complex	Sunday	10:00-10:30AM	Oct 19	Dec 14	REGISTER
Kamloops	YMCA Kamloops	Tuesday	4:00-4:30PM	Oct 14	Dec 9	REGISTER
Kelowna	Kelowna Family YMCA	Sunday	12:00-12:30PM	Oct 19	Dec 14	REGISTER
Langley	W.C. Blair Recreation Centre	Saturday	9:00-9:30AM	Oct 25	Dec 13	REGISTER
Langley	W.C. Blair Recreation Centre	Saturday	9:30-10:00AM	Oct 25	Dec 13	REGISTER

Continued on next page.

FALL 2025 PRESCHOOL SWIM LOCATIONS & TIMES: 3-5 YEARS (CONTINUED)

City	Facility	Day	Time	Starts	Ends	Register
Mission	Mission Leisure Centre	Sunday	8:00-8:30AM	Oct 19	Dec 14	REGISTER
Nanaimo	Beban Park Pool	Sunday	4:30-5:00PM	Oct 19	Dec 14	REGISTER
Surrey	Tong Louie YMCA	Saturday	2:00-2:30PM	Oct 18	Dec 13	REGISTER
Surrey	Tong Louie YMCA	Saturday	2:30-3:00PM	Oct 18	Dec 13	REGISTER
Vancouver	Jewish Community Centre	Saturday	12:00-12:30PM	Oct 18	Dec 13	REGISTER
Vancouver	Jewish Community Centre	Saturday	12:30-1:00PM	Oct 18	Dec 13	REGISTER
Victoria	Esquimalt Recreation Centre	Tuesday	4:00-4:30PM	Oct 14	Dec 9	REGISTER
Victoria	Esquimalt Recreation Centre	Saturday	5:00-5:30PM	Oct 18	Dec 13	REGISTER
Victoria	Juan de Fuca Recreation Centre	Sunday	4:15-4:45PM	Oct 19	Dec 14	REGISTER
Victoria	Juan de Fuca Recreation Centre	Sunday	4:45-5:15PM	Oct 19	Dec 14	REGISTER



“

My son has always struggled with recreational programs.

He recently completed his first swimming level, and the difference is amazing—he feels so confident in the water, and his technique has improved significantly. I can't say enough good things about them!

”

Registration opens Sunday, September 7th at 6:00pm.

Registration is first-come, first served. Sessions subject to change.

CHILDREN'S PROGRAMS

Ages 7-12



Please note: Swim programs in this age range are offered for 6-12yrs.

Dance provides an intro to various styles in a group lesson format. Participants will enjoy games and activities that make movement fun. Taught by instructors from Abbotsford Dance Centre, DanceWest, or Arts Umbrella (varies by location) and supported by CAN staff and volunteers.

COST: \$51 for 6 weeks



FALL 2025 DANCE LOCATIONS & TIMES: 7-12 YRS

City	Facility	Day	Time	Starts	Ends	Register
Abbotsford	Abbotsford Dance Centre	Sunday	11:15-12:00PM	Oct 26	Dec 7	REGISTER
Abbotsford	Abbotsford Dance Centre	Sunday	12:00-12:45PM	Oct 26	Dec 7	REGISTER
Surrey	DanceWest Studios Surrey	Sunday	10:15-11:00AM	Oct 26	Dec 7	REGISTER
Surrey	DanceWest Studios Surrey	Sunday	11:15-12:00PM	Oct 26	Dec 7	REGISTER
Vancouver	Mount Pleasant Community Centre	Monday	4:45-5:30PM	Oct 27	Dec 8	REGISTER
Vancouver	Mount Pleasant Community Centre	Monday	5:30-6:15PM	Oct 27	Dec 8	REGISTER

Registration opens Sunday, September 7th at 6:00pm.
Registration is first-come, first served. Sessions subject to change.

Music (7-12yrs)

Music, in collaboration with [Sarah McLachlan School of Music](#) (SoM), provides an intro to percussion in a group format. Participants will enjoy games and activities that work on a variety of rhythms. Lessons are taught by SoM instructors and supported by CAN staff and volunteers.

COST: \$51 for 6 weeks



FALL 2025 MUSIC LOCATIONS & TIMES: 7-12 YRS

City	Facility	Day	Time	Starts	Ends	Register
Vancouver	Sarah McLachlan School of Music	Friday	5:00-5:45PM	Oct 17	Nov 21	REGISTER
Vancouver	Sarah McLachlan School of Music	Friday	6:00-6:45PM	Oct 17	Nov 21	REGISTER

Registration opens Sunday, September 7th at 6:00pm.
Registration is first-come, first served. Sessions subject to change.

Gymnastics provides an introduction to skills such as jumping, moving in different directions, balancing, and gym safety in a safe and supportive environment.

Taught by certified coaches from Chilliwack Gymnastics, Kamloops Gymnastics, Okanagan Gymnastics, Splitz Gymnastics, TumbleTown & White Rock Gymnastics (varies by location) and supported by CAN staff and volunteers.

COST: \$76.50 to \$102* for 6 weeks

**Program fees over \$100 are AFU eligible! The [Autism Funding Form](#) must be completed prior to registration.*

*Note that our Splitz Gymnastics location is pro-rated at \$76.50, because it is 45 mins in length instead of 60 mins. It is **still** AFU eligible.*



FALL 2025 GYMNASTICS LOCATIONS & TIMES: 7-12 YEARS

City	Facility	Day	Time	Starts	Ends	Register
Chilliwack	Chilliwack Gymnastics Club	Thursday	7:00-8:00PM	Oct 30	Dec 4	REGISTER
Kamloops	Tournament Capital Centre	Saturday	1:00-2:00PM	Oct 25	Nov 29	REGISTER
Kamloops	Tournament Capital Centre	Saturday	2:00-3:00PM	Oct 25	Nov 29	REGISTER
Kelowna	Okanagan Gymnastics	Saturday	1:30-2:30PM	Oct 25	Dec 6	REGISTER
Kelowna	Okanagan Gymnastics	Saturday	2:30-3:30PM	Oct 25	Dec 6	REGISTER
Richmond	TumbleTown Ironwood	Saturday	4:00-5:00PM	Oct 25	Dec 6	REGISTER
Richmond	TumbleTown Ironwood	Saturday	5:00-6:00PM	Oct 25	Dec 6	REGISTER
Surrey	White Rock Gymnastics	Saturday	5:00-6:00PM	Oct 25	Dec 6	REGISTER
Surrey	White Rock Gymnastics	Saturday	6:00-7:00PM	Oct 25	Dec 6	REGISTER
Surrey	Splitz Gymnastics	Sunday	6:15-7:00PM	Oct 26	Dec 12	REGISTER
Surrey	Splitz Gymnastics	Sunday	7:00-7:45PM	Oct 26	Dec 12	REGISTER

Registration opens Sunday, September 7th at 6:00pm.

Registration is first-come, first served. Sessions subject to change.

Multisport participants enjoy a range of games and activities in a safe and supportive indoor environment. Activities vary from season to season, but may include floorball, soccer, basketball, golf, baseball, and more.

COST: \$51 for 6 weeks



FALL 2025 MULTISPORT LOCATIONS & TIMES: 7-12 YEARS

City	Facility	Day	Time	Starts	Ends	Register
Chilliwack	Atchelitz Hall	Wednesday	5:30-6:30PM	Oct 15	Dec 3	REGISTER
Coquitlam	Bettie Allard YMCA	Saturday	1:30-2:30PM	Oct 25	Dec 6	REGISTER
Kamloops	Beattie Elementary	Sunday	2:15-3:15PM	Oct 26	Nov 30	REGISTER
Langley	Timms Community Centre	Monday	6:30-7:30PM	Oct 27	Dec 15	REGISTER
Nanaimo	Randerson Ridge Elementary	Tuesday	5:45-6:45PM	Oct 14	Nov 25	REGISTER
Richmond	West Richmond Community Centre	Sunday	3:00-4:00PM	Oct 26	Dec 7	REGISTER
Vancouver	Britannia Community Centre	Monday	6:00-7:00PM	Oct 27	Dec 8	REGISTER
Victoria	Macaulay Elementary	Tuesday	7:15-8:15PM	Oct 14	Nov 25	REGISTER
West Kelowna	Mar Jok Elementary	Monday	6:00-7:00PM	Oct 27	Dec 8	REGISTER



“ CAN has been amazing for our family. They've made it possible for my son to engage and be included in activities. I don't know what we would do without this program! ”

Registration opens Sunday, September 7th at 6:00pm.
Registration is first-come, first served. Sessions subject to change.

Skate (7-12yrs)

The [Skate](#) program teaches basic skating skills such as moving forward, gliding, and stopping in a safe and supportive environment.

The program is led by a skills coach, while additional staff and volunteers work with participants to provide individualized instruction.

COST: \$60 for 6 weeks



FALL 2025 SKATE LOCATIONS & TIMES: 7-12 YRS

City	Facility	Day	Time	Starts	Ends	Register
Burnaby	Rosemary Brown Rec Centre	Sunday	10:00-10:30AM	Oct 26	Dec 7	REGISTER
Burnaby	Rosemary Brown Rec Centre	Sunday	10:30-11:00AM	Oct 26	Dec 7	REGISTER
Coquitlam	Poirier Sport & Leisure Complex	Saturday	3:15-3:45PM	Oct 4	Nov 15	REGISTER
Coquitlam	Poirier Sport & Leisure Complex	Saturday	3:45-4:15PM	Oct 4	Nov 15	REGISTER
Kamloops	Memorial Arena	Thursday	4:30-5:00PM	Oct 23	Nov 27	REGISTER
Kelowna	MNP Place	Thursday	5:30-6:00PM	Oct 30	Dec 4	REGISTER
Kelowna	MNP Place	Thursday	6:00-6:30PM	Oct 30	Dec 4	REGISTER
Nanaimo	Cliff McNabb Arena	Friday	4:45-5:15PM	Oct 17	Dec 5	REGISTER
Surrey	North Surrey Sports & Ice Complex	Saturday	9:45-10:15AM	Oct 25	Dec 6	REGISTER
Surrey	North Surrey Sports & Ice Complex	Saturday	10:15-10:45AM	Oct 25	Dec 6	REGISTER
Surrey	North Surrey Sports & Ice Complex	Saturday	10:45-11:15AM	Oct 25	Dec 6	REGISTER
Victoria	Save-On-Foods Memorial Arena	Thursday	5:10-5:40PM	Oct 30	Dec 4	REGISTER
Victoria	Save-On-Foods Memorial Arena	Thursday	5:45-6:15PM	Oct 30	Dec 4	REGISTER

Registration opens: Sunday, September 7th at 6:00pm

Registration is first-come, first served. Sessions subject to change.

Hockey participants develop introductory skills (stick handling, passing and shooting), while building on existing skating skills and developing team camaraderie.

Sessions consist of individual and small group skill practice, groups games, and scrimmages.

Watch this short [hockey video storybook](#) to better understand the program.

Season: Mid-October to early-April

Cost: \$575* for 20 weeks (1 hour weekly)

**This program is AFU eligible. The [Autism Funding Form](#) must be completed prior to registration. Hockey equipment is required and will result in additional costs.*



To help ensure a positive and successful experience, individuals who are new to hockey and interested in the program must complete a Skate Assessment.

To determine eligibility for this season's hockey program, participants will be assessed on key skating skills, including balance, control, and agility on the ice.

Attendance at the Skate Assessment does not guarantee placement in the program.

However, passing the assessment is required to be considered for a spot on a hockey team.

FALL 2025 SKATE ASSESSMENT DATE & TIME

City	Location	Activity	Day	Time	Session Date
Coquitlam	Poirier Sport & Leisure Complex	Skate Assessment	Saturday	1:00-2:00PM	Sept 6

Participants interested in the hockey program must register for the Skate Assessment. In the registration questionnaire, please specify which hockey program you are interested in. Space on each team is limited based on returning players.

Registration for the skate assessment is now open.

Registration is first-come, first served. Sessions subject to change.

FALL 2025 HOCKEY LOCATIONS & TIMES

City	Age	Facility	Day	Time	Starts	Ends
Coquitlam	8-18yrs	Poirier Sports & Leisure Complex	Saturday	1:00-2:00PM	Oct 4	Dec 20
Surrey	8-18yrs	North Surrey Sports & Ice Complex	Saturday	8:30-9:30AM	Oct 4	Dec 20
Vancouver	8-18yrs	Canlan Sports North Shore Rink	Saturday	7:00-8:00AM	Oct 18	Dec 20
Surrey	16+yrs	North Surrey Sports & Ice Complex	Friday	3:45-4:45PM	Oct 3	Dec 19
Vancouver	16+yrs	Trout Lake Rink (Oct-Dec)	Friday	9:00-10:00AM	Oct 3	Dec 19

PLEASE NOTE: There will be a mandatory parent/guardian meeting for confirmed participants in 8-18yrs programs in late-September. Locations and times for January-March will be confirmed at a later date.



Participants can also engage in additional ‘club-level’ activities, such as extra practices, personalized jerseys, and participation in the annual adapted tournament. These extra activities take place outside of the scheduled CAN program and must be funded by each team. More information about the distinction is sent to all teams.

Swimmer 1 focuses on swimming strokes and skills, while building confidence. Participants will be introduced to skills from the [Lifesaving Society Swimmer 1 curriculum](#), including bubbles, floating, gliding, kicking, water entries and exits.

***No previous swim experience required.** It is the parent or guardian’s responsibility to sign up for the correct level.

[Refer to our Lifesaving Society guide](#) for more info on swim levels.

COST: \$70 for 8 weeks



FALL 2025 SWIMMER 1: LOCATIONS & TIMES: 6-12 YEARS

City	Facility	Day	Time	Starts	Ends	Register
Abbotsford	Matsqui Rec Centre	Wednesday	5:00-5:30PM	Oct 22	Dec 10	REGISTER
Burnaby	Edmonds Community Centre	Saturday	9:00-9:30AM	Oct 18	Dec 13	REGISTER
Burnaby	Edmonds Community Centre	Saturday	10:00-10:30AM	Oct 18	Dec 13	REGISTER
Burnaby	Edmonds Community Centre	Saturday	10:30-11:00AM	Oct 18	Dec 13	REGISTER
Chilliwack	Cheam Leisure Centre	Sunday	9:30-10:00AM	Oct 19	Dec 14	REGISTER
Coquitlam	Bettie Allard YMCA	Sunday	1:00-1:30PM	Oct 19	Dec 14	REGISTER
Coquitlam	Bettie Allard YMCA	Sunday	1:30-2:00PM	Oct 19	Dec 14	REGISTER
Kamloops	YMCA Kamloops	Tuesday	4:30-5:00PM	Oct 14	Dec 9	REGISTER
Kamloops	YMCA Kamloops	Tuesday	5:00-5:30PM	Oct 14	Dec 9	REGISTER
Kamloops	YMCA Kamloops	Sunday	4:00-4:30PM	Oct 19	Dec 7	REGISTER
Kamloops	YMCA Kamloops	Sunday	4:30-5:00PM	Oct 19	Dec 7	REGISTER
Kelowna	Kelowna Family YMCA	Sunday	12:30-1:00PM	Oct 19	Dec 14	REGISTER
Langley	W.C Blair Rec Centre	Saturday	10:00-10:30PM	Oct 25	Dec 13	REGISTER
Langley	W.C Blair Rec Centre	Saturday	10:30-11:00PM	Oct 25	Dec 13	REGISTER

Continued on next page.

FALL 2025 SWIMMER 1: LOCATIONS & TIMES: 6-12 YEARS (CONTINUED)

City	Facility	Day	Time	Starts	Ends	Register
Mission	Mission Leisure Centre	Sunday	8:30-9:00AM	Oct 19	Dec 7	REGISTER
Mission	Mission Leisure Centre	Sunday	9:00-9:30AM	Oct 19	Dec 7	REGISTER
Nanaimo	Beban Park Pool	Sunday	5:00-5:30PM	Oct 19	Dec 14	REGISTER
Nanaimo	Beban Park Pool	Sunday	5:30-6:00PM	Oct 19	Dec 14	REGISTER
Surrey	Tong Louie YMCA	Saturday	3:00-3:30PM	Oct 18	Dec 13	REGISTER
Surrey	Tong Louie YMCA	Saturday	3:30-4:00PM	Oct 18	Dec 13	REGISTER
Surrey	Guildford Rec Centre	Sunday	1:15-1:45PM	Sept 28	Dec 7	REGISTER
Surrey	Guildford Rec Centre	Sunday	1:45-2:15PM	Sept 28	Dec 7	REGISTER
Surrey	Guildford Rec Centre	Sunday	2:15-2:45PM	Sept 28	Dec 7	REGISTER
Vancouver	Jewish Community Centre	Saturday	12:00-12:30PM	Oct 18	Dec 13	REGISTER
Vancouver	Jewish Community Centre	Saturday	1:00-1:30PM	Oct 18	Dec 13	REGISTER
Vancouver	Jewish Community Centre	Saturday	1:30-2:00PM	Oct 18	Dec 13	REGISTER
Victoria	Esquimalt Rec Centre	Tuesday	4:30-5:00PM	Oct 14	Dec 9	REGISTER
Victoria	Esquimalt Rec Centre	Tuesday	5:00-5:30PM	Oct 14	Dec 9	REGISTER
Victoria	Esquimalt Rec Centre	Saturday	5:30-6:00PM	Oct 18	Dec 13	REGISTER
Victoria	Esquimalt Rec Centre	Saturday	6:00-6:30PM	Oct 18	Dec 13	REGISTER
Victoria	Juan de Fuca Rec Centre	Sunday	5:15-5:45PM	Oct 19	Dec 14	REGISTER

Reg. opens: Sunday, September 7th at 6:00pm

Registration is first-come, first served. Sessions subject to change.

Swimmer 2 will continue to build on the foundational skills mastered in Lifesaving Society Swimmer 1, with a focus on kicking, front and back crawl, and Water Smart education.

Participants will work on endurance, with a target distance of 10 meters. An intro to deep water activities and life jackets will also be included.

****Prerequisite: Participants must have successfully completed Swimmer 1 (or Red Cross Level 1) and/or are able to confidently and independently execute skills developed in Swimmer 1.***

COST: \$70 for 8 weeks



FALL 2025 SWIMMER 2: LOCATIONS & TIMES

City	Facility	Day	Time	Starts	Ends	Register
Abbotsford	Matsqui Rec Centre	Wednesday	5:30-6:00PM	Oct 22	Dec 10	REGISTER
Burnaby	Edmonds Community Centre	Saturday	9:30-10:00AM	Oct 18	Dec 13	REGISTER
Burnaby	Edmonds Community Centre	Saturday	10:00-10:30AM	Oct 18	Dec 13	REGISTER
Chilliwack	Cheam Leisure Centre	Sunday	10:00-10:30AM	Oct 26	Dec 21	REGISTER
Coquitlam	Bettie Allard YMCA	Sunday	2:00-2:30PM	Oct 19	Dec 14	REGISTER
Coquitlam	Bettie Allard YMCA	Sunday	2:30-3:00PM	Oct 19	Dec 14	REGISTER
Kamloops	YMCA Kamloops	Tuesday	5:30-6:00PM	Oct 14	Dec 9	REGISTER
Kamloops	YMCA Kamloops	Sunday	5:00-5:30PM	Oct 19	Dec 7	REGISTER
Kelowna	Kelowna Family YMCA	Sunday	1:00-1:30PM	Oct 19	Dec 14	REGISTER
Langley	W.C. Blair Rec Centre	Saturday	11:00-11:30AM	Oct 25	Dec 13	REGISTER
Mission	Mission Leisure Centre	Sunday	9:30-10:00AM	Oct 19	Dec 7	REGISTER
Nanaimo	Beban Park Pool	Sunday	6:00-6:30PM	Oct 19	Dec 14	REGISTER
Surrey	Guildford Rec Centre	Sunday	2:45-3:15PM	Sept 28	Dec 7	REGISTER
Vancouver	Jewish Community Centre	Saturday	12:30-1:00pm	Oct 18	Dec 13	REGISTER
Vancouver	Jewish Community Centre	Saturday	1:00-1:30PM	Oct 18	Dec 13	REGISTER

Continued on next page.

FALL 2025 SWIM LEVEL 2: LOCATIONS & TIMES

City	Facility	Day	Time	Starts	Ends	Register
Victoria	Esquimalt Rec Centre	Tuesday	5:30-6:00PM	Oct 14	Dec 9	REGISTER
Victoria	Esquimalt Rec Centre	Saturday	6:30-7:00PM	Oct 18	Dec 13	REGISTER
Victoria	Esquimalt Rec Centre	Saturday	7:00-7:30PM	Oct 18	Dec 13	REGISTER
Victoria	Juan de Fuca Rec Centre	Sunday	5:45-6:15PM	Oct 19	Dec 14	REGISTER
Victoria	Juan de Fuca Rec Centre	Sunday	6:15-6:45PM	Oct 19	Dec 14	REGISTER

Registration opens Sunday, September 7th at 6:00pm.
Registration is first-come, first served. Sessions subject to change.

Swimmer 3 (6-12yrs)

Swimmer 3 expands on Swimmer 2 skills, adding in front/side glide with kicks and increasing front and back crawl distance to 15m. Time will be spent in deep water practicing jumps, dives, and deep water support.

Prerequisite: Participants must have passed and/or are able to confidently and independently execute skills developed in Swimmer 2 (Red Cross Level 2).

It is the parent or guardian’s responsibility to sign up for the correct level. [Refer to our Lifesaving Society guide >](#)

COST: \$70 for 8 weeks



FALL 2025 SWIM LEVEL 3: LOCATIONS & TIMES: 6-12 YEARS

City	Facility	Day	Time	Starts	Ends	Register
Kamloops	YMCA Kamloops	Sunday	5:30-6:00PM	Oct 19	Dec 7	REGISTER
Surrey	Tong Louie YMCA	Saturday	4:00-4:30PM	Oct 18	Dec 13	REGISTER

Registration opens Sunday, September 7th at 6:00pm.
Registration is first-come, first served. Sessions subject to change.

Virtual Programming is hosted through Zoom. Coaches connect with participants in real-time to teach fun, interactive lessons in a supportive digital environment.

COST: \$30 to \$51 for 6 weeks

Art

Create fun crafts at home in real-time alongside other participants!

Coding

Develop fundamental skills through “Scratch coding”, a kid-friendly way to learn through colourful blocks instead of text. No coding experience or software required!

Coding—Advanced

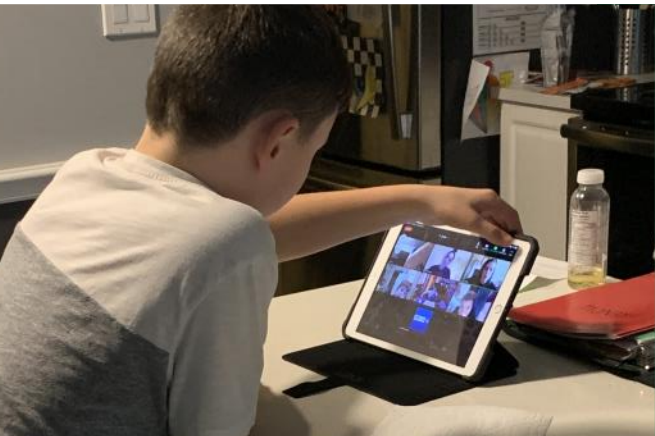
Build on existing skills with “Scratch coding”. Completion of the regular coding program isn’t required, but is recommended.

Both coding programs are offered in collaboration with C.O.D.E. Initiative. Sessions are led by their instructors and supported by CAN staff.



FALL 2025 VIRTUAL PROGRAMS DATES & TIMES: 7-12 YEARS

Location	Activity	Day	Time	Starts	Ends	Register
Zoom	Coding	Wednesday	4:30-5:15PM	Oct 29	Dec 9	REGISTER
Zoom	Advanced Coding	Wednesday	5:30-6:15PM	Oct 29	Dec 9	REGISTER
Zoom	Art	Saturday	11:00-11:30AM	Oct 25	Dec 6	REGISTER



“ CAN provides a safe space.

The staff & volunteers are always so patient and understanding of our kids' needs and abilities.

”

Registration opens Sunday, September 7th at 6:00pm.

Registration is first-come, first served. Sessions subject to change.

YOUTH & ADULT PROGRAMS

13-17, 18+



Within the [Youth & Adult Swim Program \(13+\)](#), participants set their own goals to develop water confidence and smooth recognizable strokes.

Skills have been adapted from the [Lifesaving Society Swimmer 1 program](#). The program provides a great opportunity to improve swimming skills, meet new people and increase fitness level.

This program is suitable for participants who are still developing water entries and exits, floats, glides, and front crawl of 10 metres.

COST: \$70 for 8 weeks

Participants who have completed the Lifesaving Society’s Swimmer program (Red Cross Basic 1), or who are comfortable with the swim skills listed above, are encouraged to access Lifesaving Society teens and young adult programs in their community.

CAN youth & adult programs are for anyone ages 13+ who self-identifies as Autistic. [A formal diagnosis is not required.](#)



FALL 2025 YOUTH & ADULT SWIM LOCATIONS & TIMES: 13+ YEARS

City	Facility	Day	Time	Starts	Ends	Register
Burnaby	Edmonds Community Centre	Saturday	10:30-11:00AM	Oct 18	Dec 13	REGISTER
Kamloops	YMCA Kamloops	Sunday	6:00-6:30PM	Oct 19	Dec 7	REGISTER
Langley	W.C. Blair Rec Centre	Saturday	11:30-12:15PM	Oct 18	Dec 13	REGISTER
Surrey	Tong Louie YMCA	Saturday	4:30-5:15PM	Oct 18	Dec 13	REGISTER
Surrey	Guildford Rec Centre	Sunday	3:15-4:00PM	Sept 28	Dec 7	REGISTER
Vancouver	Jewish Community Centre	Saturday	1:30-2:00PM	Oct 18	Dec 13	REGISTER

Registration opens Sunday, September 7th at 6:00pm.

Registration is first-come, first served. Sessions subject to change.

Weekly Youth & Adult Rec Programs (13-17 and 18+)

[Weekly Youth & Adult Rec Programs](#) range in opportunities from season-to season.

Our team is committed to providing a variety of recreational opportunities to youth & adult participants year-round.

CAN youth & adult programs are for anyone ages 13+ who self-identifies as Autistic. [A formal diagnosis is not required.](#)

IN-PERSON

[NEW: Basketball \(13-17yrs\)](#)

Learn the basics and play! In collaboration with Night Hoops.

COST: \$51 for 6 weeks

[Fitness \(13-17, 13+yrs\)](#)

An intro to cardio, free weights, and basic gym etiquette.

COST: \$51 for 6 weeks

[Outdoor Active \(13+yrs\)](#)

Enjoy guided hikes and other activities (ranges from season to season). In collaboration with CRIS Adaptive Adventures.

COST: \$51 for 6 weeks

[Rock Climbing \(13+yrs\)](#)

Learn the basics of top rope climbing! In collaboration with Romper Room.

COST: \$51 for 6 weeks

VIRTUAL

[Dungeons & Dragons \(13-17, 18+yrs\)](#)

An intro to the fantasy role-playing game! Led by a “Dungeon Master” and supported by additional CAN staff.

COST: \$51 for 6 weeks

[Movie Club \(13+yrs\)](#)

Watch movies and discuss together in real-time! Movies selected with input from CAN participants.

Participants must have their own Netflix account & Teleparty installed on their computer or tablet (free to download).

COST: FREE drop-in every 2nd & 4th Tuesday



Weekly Youth & Adult Rec Programs (13-17 and 18+)

FALL 2025 YOUTH AND ADULT WEEKLY REC *FIRST-COME, FIRST-SERVED REGISTRATION*

Program	Age	City	Day	Time	Starts	Ends	Register
Basketball	13-17	Vancouver	Sun	1:30-2:45PM	Oct 19	Nov 23	REGISTER
Climbing	13+	Nanaimo	Mon	6:30-8:00PM	Oct 20	Dec 1	REGISTER
Outdoor Active	13+	Kelowna	Wed	6:00-7:30PM	Oct 29	Dec 3	REGISTER
Fitness	13-17	New Westminster	Sat	11:30-12:30PM	Oct 18	Nov 22	REGISTER
Fitness	13+	Victoria	Sat	10:30-11:30AM	Oct 18	Nov 29	REGISTER
Dungeons & Dragons	13-17	Online	Tue	6:30-8:30PM	Sept 23	Oct 28	REGISTER
Dungeons & Dragons	18+	Online	Tue	6:30-8:30PM	Nov 4	Dec 16	REGISTER

Registration opens Sunday, September 7th at 6:00pm.

Registration is first-come, first served. Sessions subject to change.

FALL 2025 DROP-IN RECREATION PROGRAMS *DROP-IN REGISTRATION*

Program	Age	Location	Day	Time	Starts	Ends	Register
Movie Club	13+	Online	Tue	6:00-8:15PM	Oct 14	Aug 25	REGISTER

Registration is open year-round.

Drop-in programs only require one registration for the entire 2025-26 program year.

Weekly Wellness & Mental Health Programs (13-17, 16+, 18+)

Wellness & Mental Health programs range in opportunities from season-to season.

Our team is committed to providing a variety of opportunities to Autistic youth & adults year-round.

CAN youth & adult programs are for anyone ages 13+ who self-identifies as Autistic.

A formal diagnosis is not required.



IN-PERSON

Craft and Connect (15yrs+)

Led by an Autistic peer facilitator, follow along with group crafts or work on your own project with the supplies provided.

Past activities have included collage-making, rock painting, canvas painting, group mosaics, clay sculpting, and more. [Learn more >](#)

COST: \$51 for 6 weeks

VIRTUAL

Autistic Community Group (18+yrs)

Led by Autistic peer facilitators, join a group that builds community and empowers, while fostering support and connections.

Explore various topics about the Autistic experience through group discussion. [Learn more >](#)

COST: FREE monthly drop-in sessions

Autistic Youth and Wellbeing (13-17yrs)

Developed in collaboration with Rae Morris Counselling Group and led by Autistic peer facilitators.

Explore the intersection of autism and mental health, and build connections through guided discussions and activities. [Learn more >](#)

COST: FREE for 10 weeks*

NEW: Book Club (16yrs+)

Led by an Autistic peer facilitator, the club will select a book to read together by group vote.

Explore themes through group discussion and open conversation! [Learn more >](#)

COST: \$30 for 6 weeks

Healthy Relationships, Sexuality & Autism (18+yrs)

Developed in collaboration with Autism Nova Scotia, this sex-positive program is led by a trained CAN staff and supported by Autistic peer facilitators.

Explore values, anatomy, gender identity, relationships, sexual behaviours, sexual health, dating, and more. [Learn more >](#)

COST: \$90 for 15 sessions*

Women's Peer Group ♀ (18yrs+)

Led by Autistic peer facilitators, this group is for Autistic women, gender non-conforming, and gender diverse adults.

Come together to build meaningful connections, share stories, support, and validate each other. Group discussion topics rotate monthly. [Learn more >](#)

COST: FREE bi-monthly drop-in sessions

**Programs with an asterisk are NOT first-come, first-served. All registrants first sign up to the 'Waitlist'.*

Drop-in Programs (13+, 18+)

FALL 2025 WELLNESS & MENTAL HEALTH: *FIRST-COME, FIRST-SERVE REGISTRATION*

Program	Age	Location	Day	Time	Starts	Ends	Register
Book Club	16+	Online	Wed	5:30-7:00PM	Oct 8	Dec 17	REGISTER
Craft and Connect	15+	Vancouver	Thu	7:00-8:00PM	Oct 23	Nov 27	REGISTER

Registration opens Sunday, September 7th at 6:00pm.

Registration is first-come, first served. Sessions subject to change.


FALL 2025 WELLNESS & MENTAL HEALTH: *“INTAKE” REGISTRATION*

Program	Age	Location	Day	Time	Starts	Ends	Register
Autistic Youth and Wellbeing	13-17	Online	Wed	6:30-8:00PM	Oct 8	Dec 10	REGISTER
Healthy Relationships, Sexuality and Autism	19+	Online	Thu/Mon	7:00-9:00PM	Oct 6	Dec 18	REGISTER

Reg for Youth & Wellbeing opens Sun, Sept 7 at 6pm. Registration for HRSA is already open.

Registration is NOT first-come, first-served. All registrants will first sign up for the waitlist.

FALL 2025 WELLNESS & MENTAL HEALTH: *DROP-IN REGISTRATION*

Program	Age	Location	Day	Time	Starts	Ends	Register
Autistic Community Group	18+	Online	Tue	6:00-7:30PM	Oct 7	Aug 4	REGISTER
Women’s Peer Group 	18+	Online	Tue	6:30-8:30PM	Oct 14	June 23	REGISTER

Registration is open year-round.

Drop-in programs only require one registration for the entire 2025-2026 program year.

Pop-Up Opportunities (13+ yrs)

In addition to weekly & drop-in programs, we offer 1-day rec opportunities.

Past pop-ups have included birding, bowling, cooking, and more.

Registration for pop-ups opens on the 15th of each month at 6:00pm.

[Subscribe to the monthly newsletter](#) to be kept in the loop!



Develop pre-employment skills and gain a *paid* work experience placement in the hospitality industry.

The [CAN Skills Training Employment Program](#) begins with up to five days per week of in-person classroom training in the CAN office.

Get certified in First Aid, FOODSAFE, SUPERHOST customer service, and more, while developing skills like resume writing, interviewing, and more.

After classroom training, participants will receive work placements of up to 120 hours over the course of approximately 6 weeks.

Placements will take place in restaurants, cafes, grocery stores, and more. Onsite support is provided by CAN staff.

CAN youth & adult programs are for individuals who self-identify as Autistic. [Official diagnosis not required.](#)

Eligibility requirements apply. [Learn more >](#)



CAN-STEP FALL COHORTS **INTAKE REGISTRATION**

Location	Classroom Dates	Classroom Location	Work Experience Dates	Apply
Kelowna (15-30yrs)	Mon-Fri, Oct 20-Nov 24	CAN office, Kelowna	Starts late-November (up to 120h; approx. 6 weeks)	APPLY
Vancouver (16+yrs)	Mon-Fri, Nov 17-Dec 19	CAN office, Vancouver	Starts January (up to 120h; approx. 6 weeks)	APPLY

Registration is open now!

All applicants first register to the waitlist. Applicants will be contacted for an interview.

Questions? Email step@canucksautism.ca



This project in Vancouver is funded in part by the Government of Canada’s Opportunities Fund for Persons with Disabilities. This project in Kelowna is funded by the Government of Canada’s Youth Employment Skills Strategy (YESS) program.

Reach your career goals with [Ready, Willing & Able!](#)

Are you looking for employment or need extra support in your post-secondary studies within the Lower Mainland? We can help.

Our Navigator can connect you with community agencies and services that:

- provide pre-employment and on-the-job supports
- have connections to employment opportunities in a variety of industries
- provide mental health, life skills, and housing service referrals
- help with post-secondary studies (e.g. coursework and accommodations needed to complete an internship or field placement)

The first step is to complete [The Compass questionnaire](#).

1. Tell us about your employment, education, and experience with community services. It only takes 10 minutes to complete!
2. Review the [Terms of Use for The Compass](#).
3. Fill out the [Compass Questionnaire](#).



Our Navigator will follow up with you by phone or email to arrange a time to meet (either in-person or virtually).

In your meeting, we will learn more about your support needs and connect you to supports and/or employment opportunities in your community.

Or contact our Navigator directly:
navigator@canucksautism.ca

Intake for RWA career navigation services is open year-round.

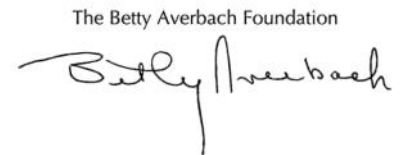
Those who fill out our intake questionnaire will be contacted for individualized support.



Funded by the Government of Canada's Opportunities Fund for Persons with Disabilities, Ready, Willing & Able (RWA) is a national partnership initiative of Inclusion Canada and Autism Alliance of Canada and their member organizations.

CAN is an RWA partner, co-delivering the program provincially with Inclusion BC.

Thank You to our Fall 2025 Program Funders



Foundation

