

Programs for children, youth, and adults on the autism spectrum





Winter registration for most weekly programs opens on a first-come, first-served basis on **Sunday, December 1st at 6pm.**



Registration for family experiences and many youth & adult programs takes place on the 15th of each month. Subscribe to the [monthly newsletter](#) to stay up-to-date on all opportunities.



Families and individuals need to **create a free CAN account** in order to sign up for programs and family events. Create an account at canucksautism.ca/register.
Individuals ages 13+ do NOT need a formal autism diagnosis to register. [Learn more.](#)



Participants will be enrolled in a **maximum of 2 weekly programs** per season. There is no limit to the number of program waitlists you can sign up for.



Payment is due upon registration. Alternative payment methods, such as Fee Assistance, are available. However, requests need to be submitted **prior** to registration. [Learn more.](#)



You will receive a confirmation email with details including the schedule and exception dates. Exception dates can also be viewed in the registration system in your profile under **Schedules**.



To withdraw from a program entirely, please visit your **CAN account**. If you are going to miss a session for any reason, please let us know by visiting canucksautism.ca/absence.



Families must purchase a **\$25 Family Experience Pass** to be able to sign up for family events. The \$25 pass provides 365 days of access for the whole family.

Don't have a CAN account yet? Learn more about signing up at canucksautism.ca/join.

PROGRAM FEES

We want to ensure that program fees do NOT create any financial barriers to participation.

In addition to credit card, fees may be processed through:

1. The CAN Fee Assistance Program

- The [Fee Assistance Form](#) must be completed **in advance** of registration for the program.
- A code will be provided to use for registration.

2. Autism Funding

Parents/guardians of participants' ages 6-18 can submit a Request to Pay form to Autism Funding for any **program fee that is over \$100**.

3. Additional Payment Options

We are open to processing program fee payments through additional routes, including bursaries.

For more information on payment options, including the methods listed above, please visit the [Policies & Payment Options](#) page of our website.

PARTICIPANT SUPPORT

Program Registration Questionnaire

Parents, caregivers and/or participants are invited to provide as much information as possible about support needs when registering.

This information is provided to CAN staff at the beginning of each program to ensure that support strategies are customized to meet the unique needs and level of independence of each participant.

Ongoing Collaboration

We also encourage parents, caregivers and/or participants to speak directly with staff at the program about ongoing support needs.





FAMILY EXPERIENCES (all ages)

Access unlimited family events for a year by purchasing a **Family Experience Pass** for a family rate of **\$25/year**.

Family Experiences are year-round activities that are open to the entire family, with all ages welcome. Activities may include: mini golf, visits to the farm, ice skating, holiday events and more!

We offer two types of Family Experiences:

1. Exclusive Family Experience

- ✓ CAN tents and signage on site
- ✓ CAN staff and volunteers onsite
- ✓ Facility is closed to the public
- ✓ Accommodations are made to ensure the event is more sensory friendly

2. Community Family Experience

- ⇒ Fewer CAN staff supporting the event
- ⇒ Venue is open to the public during the event



Family Experiences open for registration on the 15th of each month for the following month's events. I.e. If a Family Experience is taking place on February 15, registration will open on January 15.

Programs by Location

Lower Mainland

Abbotsford

- Gymnastics ([7-12yrs](#))
- Swim ([3-5](#), [6-12](#), [13+yrs](#))

Burnaby

- Multisport ([3-6](#), [7-12yrs](#))
- Swim ([3-5](#), [6-12](#), [13+yrs](#))

Chilliwack

- Gymnastics ([7-12yrs](#))
- Multisport ([3-6](#), [7-12yrs](#))
- Swim ([3-5](#), [6-12yrs](#))

Coquitlam

- Multisport ([3-6](#), [7-12yrs](#))
- Skate ([3-6](#), [7-12yrs](#))
- Swim ([3-5](#), [6-12yrs](#))

Langley

- Multisport ([3-6](#), [7-12yrs](#))
- Swim ([3-5](#), [6-12](#), [13+yrs](#))

Maple Ridge

- Swim ([3-5](#), [6-12yrs](#))

Mission

- Skate ([3-6](#), [7-12](#))
- Swim ([3-5](#), [6-12yrs](#))

New Westminster

- Fitness ([13-17](#), [18+yrs](#))

Richmond

- Gymnastics ([7-12yrs](#))
- Multisport ([3-6](#), [7-12yrs](#))

Surrey

- Gymnastics ([7-12yrs](#))
- Multisport ([3-6](#), [7-12yrs](#))
- Swim ([3-5](#), [6-12](#), [13+yrs](#))

Vancouver

- Dance ([7-12yrs](#))
- Dungeons and Dragons ([13-17yrs](#))
- Multisport ([3-6](#), [7-12yrs](#))
- Music ([3-6](#), [7-12yrs](#))
- Ready, Willing & Able career navigation ([16+yrs](#))
- Skate ([3-6](#), [7-12yrs](#))
- Skills Training Employment Program ([16+yrs](#))
- Swim ([3-5](#), [6-12](#), [13+yrs](#))
- Wellness & Mental Health ([13+yrs](#))

Virtual Programs

- Early Years ([5-8 yrs](#))
- Children ([7-12yrs](#) & [9-12 yrs](#))
- Youth & Adult Rec Programs ([13+yrs](#))
- Wellness & Mental Health Programs ([13+yrs](#))
- Ready, Willing & Able career navigation ([16+yrs](#))

Questions?

info@canucksautism.ca | 604-685-4049

1788 West 8th Avenue, Vancouver

Mon-Thu, 9:00am-4:00pm (Fri by appointment)

Interior

Kamloops

- Basketball ([7-12yrs](#))
- Gymnastics ([7-12yrs](#))
- Multisport ([3-6](#), [7-12yrs](#))
- Skate ([3-6](#), [7-12yrs](#))
- Soccer ([7-12yrs](#))
- Swim ([3-5](#), [6-12yrs](#))

Kelowna

- Gymnastics ([7-12yrs](#))
- Swim ([3-5](#), [6-12yrs](#))
- Skate ([3-6](#), [7-12yrs](#))

West Kelowna

- Multisport ([3-6](#), [7-12yrs](#))

Vancouver Island

Nanaimo

- Multisport ([3-6](#), [7-12yrs](#))
- Skate ([3-6](#), [7-12yrs](#), [13+yrs](#))
- Swim ([3-5](#), [6-12yrs](#))

Victoria

- Multisport ([3-6](#), [7-12yrs](#))
- Swim ([3-5](#), [6-12](#), [13+yrs](#))
- Skate ([7-12yrs](#))
- Fitness ([13+yrs](#))

Sessions subject to change.

Programs by Age Group

3-6yrs	7-12yrs	13-17yrs, 18+yrs	All Ages
<ul style="list-style-type: none"> • Multisport • Music • Preschool Swim • Skate • Swimmer 1/2/3 • Virtual Early Years Programs 	<ul style="list-style-type: none"> • Basketball • Dance • Gymnastics • Multisport • Music • Skate • Soccer • Swimmer 1/2/3* • Virtual Children's Programs 	<ul style="list-style-type: none"> • Autistic Dating Peer Group • Autistic Youth & Wellbeing • Bouldering & Climbing • Creative Writing • Dungeons & Dragons • Fitness • Movie Club • Pop-up Opportunities • Swim • Skate • Ready, Willing & Able • Skills Training Employment Program • Women's Peer Group ♀ 	<ul style="list-style-type: none"> • Family Experiences

Swim Levels Overview



Preschool Swim (3-5 years) participants work on entries into the water, buoyancy, bubbles, movement, floats, and front/back swim. Games and songs are incorporated into lessons to create a fun environment that encourages comfort in the water!

Prerequisite: No previous swim experience required. Participants with all levels of support needs are encouraged to register.



Swimmer 1 (6-12 years) focuses on swimming strokes, skills and building confidence. Participants will be introduced to skills adapted from the Lifesaving Society Swimmer 1 curriculum, including bubbles, floating, gliding, kicking, water entries and exits.

Prerequisite: No swim experience required. Intended for those working on the skills listed above.



Swimmer 2 will build on the foundational skills mastered in Lifesaving Society Swimmer 1, with a focus on kicking, front and back crawl, and Water Smart education. Participants will continue to work on swim endurance with a target distance of 10 meters. An introduction to deep water activities and life jackets will also be included.

Prerequisite: Participants must have successfully completed Swimmer 1 (or Red Cross Level 1) and/or can confidently and independently execute the associated skills.



Swimmer 3 will continue to expand on skills completed in Swimmer 2 with the addition of front/side glide with kicks and increasing front and back crawl distance to 15 meters. A lot of time is spent in deep water practicing jumps, dives, and deep water support.

Prerequisite: Participants must have passed Swimmer 2 (or Red Cross Level 2) and/or can confidently and Independently execute skills developed in Swimmer 2 (or Red Cross Level 2).

It is the parent/guardian's responsibility to register for the correct swim level.

If a participant has been registered into the wrong level, our ability to transfer them into the appropriate level once the season has started will be subject to availability.

If no space exists, the participant may have to be withdrawn from the program.



EARLY YEARS PROGRAMS

Ages 3-6



Please note that our virtual programs are offered for ages 5-9.

Multisport participants enjoy a range of games and activities in a safe and supportive indoor environment. Activities vary from season-to-season, but can include floorball, soccer, basketball, golf, baseball, and more.

The program is led by a skills coach, while CAN staff and volunteers work with participants to provide individualized instruction.

COST: \$51 for 6 weeks



WINTER 2025 MULTISPORT LOCATIONS & TIMES: 3-6 YEARS

City	Facility	Day	Time	Starts	Ends	Register
Burnaby	Edmonds Community Centre	Tuesday	6:15-7:00PM	Jan 21	Feb 25	REGISTER
Coquitlam	Bettie Allard YMCA	Saturday	12:45-1:30PM	Jan 18	Mar 1	REGISTER
Chilliwack	Chilliwack Central Elementary Community School	Saturday	1:30-2:15PM	Jan 18	Mar 1	REGISTER
Kamloops	Beattie Elementary School	Sunday	1:30-2:15PM	Jan 19	Mar 2	REGISTER
Langley	Timms Community Centre	Monday	5:45-6:30PM	Jan 20	Mar 3	REGISTER
Nanaimo	Randerson Ridge Elementary School	Tuesday	4:45-5:30PM	Jan 21	Feb 25	REGISTER
Richmond	West Richmond Community Centre	Sunday	1:30-2:15PM	Jan 19	Mar 2	REGISTER
Richmond	West Richmond Community Centre	Sunday	2:15-3:00PM	Jan 19	Mar 2	REGISTER
Surrey	Newton Seniors Centre	Friday	4:45-5:30PM	Jan 24	Mar 7	REGISTER
Vancouver	Britannia Community Centre	Monday	5:15-6:00PM	Jan 20	Mar 3	REGISTER
Victoria	Northridge Elementary School	Monday	6:15-7:00PM	Jan 20	Mar 3	REGISTER
West Kelowna	Mar Jok Elementary	Monday	5:15-6:00PM	Jan 20	Mar 3	REGISTER

Reg. opens: Sunday, December 1st at 6:00pm

Registration is first-come, first served. Sessions subject to change.

Skate teaches participants basic skating skills such as moving forward, gliding, and stopping in a safe and supportive environment.

The program is led by a skills coach, while CAN staff and volunteers work with participants to provide individualized instruction.

COST: \$60 for 6 weeks



WINTER 2025 SKATE LOCATIONS & TIMES: 3-6 YEARS

City	Facility	Day	Time	Starts	Ends	Register
Nanaimo	Cliff McNabb Arena	Friday	4:15-4:45PM	Jan 17	Feb 28	REGISTER
Coquitlam	Poirier Sport & Leisure Complex	Saturday	2:15-2:45PM	Jan 18	Mar 1	REGISTER
Coquitlam	Poirier Sport & Leisure Complex	Saturday	2:45-3:15PM	Jan 18	Mar 1	REGISTER
Kamloops	Memorial Arena	Thursday	4:00-4:30PM	Jan 16	Feb 20	REGISTER
Kelowna	MNP Place	Thursday	5:00-5:30PM	Jan 16	Feb 20	REGISTER
Mission	Mission Arena	Tuesday	3:15-3:35PM	Jan 21	Feb 25	REGISTER
Surrey	North Surrey Sport & Ice Complex	Saturday	9:45-10:15AM	Jan 18	Mar 8	REGISTER
Vancouver	Britannia Community Centre	Tuesday	6:00-6:30PM	Jan 21	Feb 25	REGISTER
Vancouver	Britannia Community Centre	Saturday	10:00-10:30AM	Jan 18	Mar 1	REGISTER

Reg. opens: Sunday, December 1st at 6:00pm

Registration is first-come, first served. Sessions subject to change.

Preschool Swim (3-5 years) participants work on entries into the water, buoyancy, bubbles, movement, floats, and front/back swim.

Games and songs are incorporated into lessons to create a fun environment that encourages comfort in the water!

COST: \$70 for 8 weeks



WINTER 2025 PRESCHOOL SWIM LOCATIONS & TIMES: 3-6 YEARS

City	Facility	Day	Time	Starts	Ends	Register
Abbotsford	Matsqui Recreation Centre	Wednesday	4:00-4:30PM	Jan 15	Mar 5	REGISTER
Abbotsford	Matsqui Recreation Centre	Wednesday	4:30-5:00PM	Jan 15	Mar 5	REGISTER
Burnaby	Edmonds Community Centre	Saturday	9:00-9:30AM	Jan 11	Mar 8	REGISTER
Burnaby	Edmonds Community Centre	Saturday	9:30-10:00AM	Jan 11	Mar 8	REGISTER
Chilliwack	Cheam Leisure Centre	Sunday	8:30-9:00AM	Jan 12	Mar 9	REGISTER
Chilliwack	Cheam Leisure Centre	Sunday	9:00-9:30AM	Jan 12	Mar 9	REGISTER
Coquitlam	City Centre Aquatic Complex	Sunday	8:00-8:30AM	Jan 12	Mar 9	REGISTER
Coquitlam	City Centre Aquatic Complex	Sunday	8:30-9:00AM	Jan 12	Mar 9	REGISTER
Coquitlam	City Centre Aquatic Complex	Sunday	9:00-9:30AM	Jan 12	Mar 9	REGISTER
Coquitlam	City Centre Aquatic Complex	Sunday	9:30-10:00AM	Jan 12	Mar 9	REGISTER
Coquitlam	City Centre Aquatic Complex	Sunday	10:00-10:30AM	Jan 12	Mar 9	REGISTER
Kamloops	Tournament Capital Centre	Wednesday	4:00-4:30PM	Jan 15	Mar 5	REGISTER
Kelowna	Rutland YMCA	Sunday	12:00-12:30PM	Jan 12	Mar 9	REGISTER

Reg. opens: Sunday, December 1st at 6:00pm

Registration is first-come, first served. Sessions subject to change.

WINTER 2025 PRESCHOOL SWIM LOCATIONS & TIMES: 3-5 YEARS

City	Facility	Day	Time	Starts	Ends	Register
Langley	W.C. Blair Recreation Centre	Saturday	9:30-10:00AM	Jan 11	Mar 8	REGISTER
Langley	W.C. Blair Recreation Centre	Saturday	10:00-10:30AM	Jan 11	Mar 8	REGISTER
Maple Ridge	Maple Ridge Leisure Centre	Saturday	12:00-12:30PM	Jan 11	Mar 15	REGISTER
Maple Ridge	Maple Ridge Leisure Centre	Saturday	12:30-1:00PM	Jan 11	Mar 15	REGISTER
Mission	Mission Leisure Centre	Sunday	8:00-8:30AM	Jan 12	Mar 9	REGISTER
Nanaimo	Beban Park Pool	Sunday	5:00-5:30PM	Jan 12	Mar 9	REGISTER
Surrey	Tong Louie YMCA	Saturday	2:00-2:30PM	Jan 11	Mar 8	REGISTER
Surrey	Tong Louie YMCA	Saturday	2:30-3:00PM	Jan 11	Mar 8	REGISTER
Vancouver	Jewish Community Centre	Saturday	12:00-12:30PM	Jan 11	Mar 8	REGISTER
Vancouver	Jewish Community Centre	Saturday	12:30-1:00PM	Jan 11	Mar 8	REGISTER
Victoria	Esquimalt Recreation Centre	Tuesday	4:00-4:30PM	Jan 14	Mar 4	REGISTER
Victoria	Esquimalt Recreation Centre	Saturday	5:00-5:30PM	Jan 11	Mar 8	REGISTER
Victoria	Juan de Fuca Recreation Centre	Sunday	4:15-4:45PM	Jan 12	Mar 9	REGISTER
Victoria	Juan de Fuca Recreation Centre	Sunday	4:45-5:15PM	Jan 12	Mar 9	REGISTER

Reg. opens: Sunday, December 1st at 6:00pm

Registration is first-come, first served. Sessions subject to change.

Virtual Programming is hosted through the online video platform, Zoom. Basic household items may be needed to participate in certain activities. Coaches connect with participants in real-time to teach new, fun, interactive lessons in a digital environment.

COST: \$30 for 6 weeks

- **Coding:** Learn fundamental coding skills. No experience or software required.
- **Coding-App Development:** Learn fundamental coding skills to develop your own app. No experience or software required.
- **Drawing:** Learn to draw while socializing and making friends!
- **Science:** Discover science through a range of experiments & activities. Learn and have fun at the same time!



WINTER 2025 VIRTUAL PROGRAMS DATES & TIMES: 5-8 YRS

Location	Activity	Day	Time	Starts	Ends	Register
Zoom	Coding	Monday	4:15-5:00PM	Jan 13	Feb 24	REGISTER
Zoom	Coding-App Development	Wednesday	4:15-5:00PM	Jan 15	Feb 19	REGISTER
Zoom	Drawing	Sunday	10:15-10:45AM	Jan 19	Mar 2	REGISTER
Zoom	Science	Saturday	10:15-10:45AM	Jan 18	Mar 1	REGISTER

Reg. opens: Sun, Dec 1 at 6pm. Registration is first-come, first served. Sessions subject to change.

Caregiver & Child Music (3-6yrs)

The **Caregiver & Child Music** program, in partnership with Vancouver Academy of Music (VAM), provides an intro to basic percussion in a child and parent group format. Games and exercises will teach a variety of rhythms. Taught by VAM instructors and supported by CAN staff.

COST: \$51 for 6 weeks



WINTER 2025 MUSIC LOCATIONS & TIMES: 3-6 YRS

City	Facility	Day	Time	Starts	Ends	Register
Vancouver	Vancouver Academy of Music	Thursday	3:45-4:30PM	Jan 23	Feb 27	REGISTER
Vancouver	Vancouver Academy of Music	Thursday	4:40-5:25PM	Jan 23	Feb 27	REGISTER
Vancouver	Vancouver Academy of Music	Thursday	5:35-6:20PM	Jan 23	Feb 27	REGISTER

Reg. opens: Sun, Dec 1 at 6pm. Registration is first-come, first served. Sessions subject to change.

CHILDREN'S PROGRAMS

Ages 7-12



Please note that swim programs in this age range are offered for 6-12yrs.

Multisport participants enjoy a range of games and activities in a safe and supportive indoor environment. Activities vary from season to season, but may include floorball, soccer, basketball, golf, baseball, and more.

The program is led by a skills coach, while CAN staff and volunteers work with participants to provide individualized instruction.

COST: \$51 for 6 weeks



WINTER 2025 MULTISPORT LOCATIONS & TIMES: 7-12 YEARS

City	Facility	Day	Time	Starts	Ends	Register
Burnaby	Edmonds Community Centre	Tuesday	7:00-8:00PM	Jan 21	Feb 25	REGISTER
Coquitlam	Bettie Allard YMCA	Saturday	1:30-2:30PM	Jan 18	Mar 1	REGISTER
Chilliwack	Chilliwack Central Elementary Community School	Saturday	2:15-3:15PM	Jan 18	Mar 1	REGISTER
Kamloops	Beattie Elementary School	Sunday	2:15-3:15PM	Jan 19	Mar 2	REGISTER
Langley	Timms Community Centre	Monday	6:30-7:30PM	Jan 20	Mar 3	REGISTER
Nanaimo	Randerson Ridge Elementary School	Tuesday	5:30-6:30PM	Jan 21	Feb 25	REGISTER
Richmond	West Richmond Community Centre	Sunday	3:00-4:00PM	Jan 19	Mar 2	REGISTER
Surrey	Newton Seniors Centre	Friday	5:30-6:30PM	Jan 24	Mar 7	REGISTER
Surrey	Newton Seniors Centre	Friday	6:30-7:30PM	Jan 24	Mar 7	REGISTER
Vancouver	Britannia Community Centre	Monday	6:00-7:00PM	Jan 20	Mar 3	REGISTER
Victoria	Northridge Elementary School	Monday	7:00-8:00PM	Jan 20	Mar 3	REGISTER
West Kelowna	Mar Jok Elementary	Monday	6:00-7:00PM	Jan 20	Mar 3	REGISTER

Reg. opens: Sunday, December 1st at 6:00pm

Registration is first-come, first served. Sessions subject to change.

Soccer provides participants the opportunity to learn fundamental skills like passing and shooting,. Enjoy a range of games and activities in a safe and supportive indoor environment.

The program is led by a skills coach, while CAN staff and volunteers work with participants to provide individualized instruction.

COST: \$51 for 6 weeks



WINTER 2025 SOCCER LOCATIONS & TIMES: 7-12 YRS

City	Facility	Day	Time	Starts	Ends	Register
Kamloops	Beattie Elementary School	Monday	5:00-6:00PM	Jan 20	Mar 3	REGISTER

Reg. opens: Sunday, December 1st at 6:00pm

Registration is first-come, first served. Sessions subject to change.

Basketball (7-12yrs)

Basketball provides participants the opportunity to practice their hand-eye coordination. Learn skills like dribbling through a range of games and activities in a safe and supportive indoor environment.

The program is led by a skills coach, while CAN staff and volunteers work with participants to provide individualized instruction.

COST: \$51 for 6 weeks



WINTER 2025 BASKETBALL LOCATIONS & TIMES: 7-12 YRS

City	Facility	Day	Time	Starts	Ends	Register
Kamloops	Beattie Elementary School	Monday	6:00-7:00PM	Jan 20	Mar 3	REGISTER

Reg. opens: Sunday, December 1st at 6:00pm

Registration is first-come, first served. Sessions subject to change.

Gymnastics provides an introduction to skills such as jumping, moving in different directions, balancing, and gym safety in a safe and supportive environment.

Participants are overseen by a certified gymnastics coach, trained support workers, and volunteers.

COST: \$102* for 6 weeks

**This program is AFU eligible! The [Autism Funding Form](#) must be completed prior to registration.*



WINTER 2025 GYMNASTICS LOCATIONS & TIMES: 7-12 YEARS

City	Facility	Day	Time	Starts	Ends	Register
Abbotsford	Twisters Gymnastics	Sunday	9:15-10:15AM	Jan 19	Mar 2	REGISTER
Chilliwack	Chilliwack Gymnastics Club	Thursday	7:00-8:00PM	Jan 23	Feb 27	REGISTER
Kamloops	Tournament Capital Centre	Saturday	1:00-2:00PM	Jan 18	Mar 1	REGISTER
Kamloops	Tournament Capital Centre	Saturday	2:00-3:00PM	Jan 18	Mar 1	REGISTER
Kelowna	Okanagan Gymnastics	Saturday	2:30-3:30PM	Jan 18	Mar 1	REGISTER
Kelowna	Okanagan Gymnastics	Saturday	3:30-4:30PM	Jan 18	Mar 1	REGISTER
Richmond	TumbleTown Ironwood	Saturday	4:00-5:00PM	Jan 18	Mar 1	REGISTER
Richmond	TumbleTown Ironwood	Saturday	5:00-6:00PM	Jan 18	Mar 1	REGISTER
Surrey	White Rock Gymnastics	Saturday	4:00-5:00PM	Jan 18	Mar 1	REGISTER
Surrey	White Rock Gymnastics	Saturday	5:00-6:00PM	Jan 18	Mar 1	REGISTER
Surrey	Splitz Gymnastics	Sunday	6:45-7:45PM	Jan 12	Feb 23	REGISTER

Reg. opens: Sunday, December 1st at 6:00pm

Registration is first-come, first served. Sessions subject to change.

Dance, in partnership with [Arts Umbrella](#), provides participants with an intro to various styles in a group lesson format.

Participants will enjoy games and activities that make movement fun. Lessons are taught by Arts Umbrella instructors and supported by CAN staff and volunteers.

COST: \$51 for 6 weeks



WINTER 2025 DANCE LOCATIONS & TIMES: 7-12 YRS

City	Facility	Day	Time	Starts	Ends	Register
Vancouver	Arts Umbrella (Granville Island)	Tuesday	5:15-6:00PM	Jan 21	Feb 25	REGISTER
Vancouver	Arts Umbrella (Granville Island)	Tuesday	6:15-7:00PM	Jan 21	Feb 25	REGISTER

Music (7-12yrs)

Music, in partnership with [Sarah McLachlan School of Music](#), provides an intro to play basic percussion in a group format.

Participants will enjoy music games and drills that work on a variety of rhythms. Lessons are taught by Sarah McLachlan School of Music instructors and supported by CAN staff and volunteers.

COST: \$51 for 6 weeks



WINTER 2025 MUSIC LOCATIONS & TIMES: 7-12 YRS

City	Facility	Day	Time	Starts	Ends	Register
Vancouver	Sarah McLachlan School of Music	Friday	5:00-5:45PM	Jan 17	Feb 28	REGISTER
Vancouver	Sarah McLachlan School of Music	Friday	6:00-6:45PM	Jan 17	Feb 28	REGISTER

Reg. opens: Sunday, December 1st at 6:00pm

Registration is first-come, first served. Sessions subject to change.

Skate (7-12yrs)

The [Skate](#) program teaches basic skating skills such as moving forward, gliding, and stopping in a safe and supportive environment.

The program is led by a skills coach, while CAN staff and volunteers work with participants to provide individualized instruction.

COST: \$60 for 6 weeks



WINTER 2025 SKATE LOCATIONS & TIMES: 7-12 YRS

City	Facility	Day	Time	Starts	Ends	Register
Coquitlam	Poirier Sport & Leisure Complex	Saturday	3:15-3:45PM	Jan 18	Mar 1	REGISTER
Coquitlam	Poirier Sport & Leisure Complex	Saturday	3:45-4:15PM	Jan 18	Mar 1	REGISTER
Kamloops	Memorial Arena	Thursday	4:30-5:00PM	Jan 16	Feb 20	REGISTER
Kelowna	MNP Place	Thursday	5:30-6:00PM	Jan 16	Feb 20	REGISTER
Kelowna	MNP Place	Thursday	6:00-6:30PM	Jan 16	Feb 20	REGISTER
Mission	Mission Arena	Tuesday	3:45-4:15PM	Jan 21	Feb 25	REGISTER
Nanaimo	Cliff McNabb Arena	Friday	4:45-5:15PM	Jan 17	Feb 28	REGISTER
Surrey	North Surrey Sport & Ice Complex	Saturday	10:15-10:45AM	Jan 18	Mar 8	REGISTER
Surrey	North Surrey Sport & Ice Complex	Saturday	10:45-11:15AM	Jan 18	Mar 8	REGISTER
Vancouver	Britannia Community Centre	Tuesday	6:30-7:00PM	Jan 21	Feb 25	REGISTER
Vancouver	Britannia Community Centre	Saturday	10:30-11:00AM	Jan 18	Mar 1	REGISTER
Victoria	Save On Foods Memorial Centre	Thursday	5:10-5:40PM	Jan 16	Feb 20	REGISTER
Victoria	Save On Foods Memorial Centre	Thursday	5:45-6:15PM	Jan 16	Feb 20	REGISTER

Reg. opens: Sunday, December 1st at 6:00pm

Registration is first-come, first served. Sessions subject to change.

Swimmer 1 focuses on swimming strokes and skills, while building confidence. Participants will be introduced to skills from the [Lifesaving Society Swimmer 1 curriculum](#), including bubbles, floating, gliding, kicking, water entries and exits.

***No previous swim experience required.** It is the parent or guardian’s responsibility to sign up for the correct level. [Refer to our Lifesaving Society guide](#) for more info on swim levels.

COST: \$70 for 8 weeks



WINTER 2025 SWIMMER 1: LOCATIONS & TIMES: 6-12 YEARS

City	Facility	Day	Time	Starts	Ends	Register
Abbotsford	Matsqui Recreation Centre	Wednesday	5:00-5:30PM	Jan 15	Mar 5	REGISTER
Burnaby	Edmonds Community Centre	Saturday	9:00-9:30AM	Jan 11	Mar 8	REGISTER
Burnaby	Edmonds Community Centre	Saturday	10:00-10:30AM	Jan 11	Mar 8	REGISTER
Burnaby	Edmonds Community Centre	Saturday	10:30-11:00AM	Jan 11	Mar 8	REGISTER
Coquitlam	Bettie Allard YMCA	Sunday	1:00-1:30PM	Jan 12	Mar 9	REGISTER
Coquitlam	Bettie Allard YMCA	Sunday	1:30-2:00PM	Jan 12	Mar 9	REGISTER
Chilliwack	Cheam Leisure Centre	Sunday	9:30-10:00AM	Jan 12	Mar 9	REGISTER
Kamloops	Tournament Capital Centre	Wednesday	4:30-5:00PM	Jan 15	Mar 5	REGISTER
Kamloops	YMCA	Sunday	4:00-4:30PM	Jan 12	Mar 9	REGISTER
Kamloops	YMCA	Sunday	4:30-5:00PM	Jan 12	Mar 9	REGISTER
Kelowna	Rutland YMCA	Sunday	12:30-1:00PM	Jan 12	Mar 9	REGISTER
Kelowna	Rutland YMCA	Sunday	1:00-1:30PM	Jan 12	Mar 9	REGISTER
Langley	W.C. Blair Recreation Centre	Saturday	10:30-11:00AM	Jan 11	Mar 8	REGISTER
Nanaimo	Beban Park Pool	Sunday	5:30-6:00PM	Jan 12	Mar 9	REGISTER
Nanaimo	Beban Park Pool	Sunday	6:00-6:30PM	Jan 12	Mar 9	REGISTER

[Continued on next page.](#)

WINTER 2025 SWIMMER 1: LOCATIONS & TIMES: 6-12 YEARS

City	Facility	Day	Time	Starts	Ends	Register
Maple Ridge	Maple Ridge Leisure Centre	Saturday	1:00-1:30PM	Jan 11	Mar 15	REGISTER
Maple Ridge	Maple Ridge Leisure Centre	Saturday	1:30-2:00PM	Jan 11	Mar 15	REGISTER
Mission	Mission Leisure Centre	Sunday	8:30-9:00AM	Jan 12	Mar 9	REGISTER
Mission	Mission Leisure Centre	Sunday	9:00-9:30AM	Jan 12	Mar 9	REGISTER
Surrey	Guildford Recreation Centre	Sunday	1:15-1:45PM	Jan 12	Mar 23	REGISTER
Surrey	Guildford Recreation Centre	Sunday	1:45-2:15PM	Jan 12	Mar 23	REGISTER
Surrey	Guildford Recreation Centre	Sunday	2:15-2:45PM	Jan 12	Mar 23	REGISTER
Surrey	Tong Louie YMCA	Saturday	3:45-4:15PM	Jan 11	Mar 8	REGISTER
Surrey	Tong Louie YMCA	Saturday	4:15-4:45PM	Jan 11	Mar 8	REGISTER
Vancouver	Jewish Community Centre	Saturday	12:00-12:30PM	Jan 11	Mar 8	REGISTER
Vancouver	Jewish Community Centre	Saturday	1:00-1:30PM	Jan 11	Mar 8	REGISTER
Vancouver	Jewish Community Centre	Saturday	1:30-2:00PM	Jan 11	Mar 8	REGISTER
Victoria	Esquimalt Recreation Centre	Tuesday	4:30-5:00PM	Jan 14	Mar 4	REGISTER
Victoria	Esquimalt Recreation Centre	Tuesday	5:00-5:30PM	Jan 14	Mar 4	REGISTER
Victoria	Esquimalt Recreation Centre	Saturday	5:30-6:00PM	Jan 11	Mar 8	REGISTER
Victoria	Esquimalt Recreation Centre	Saturday	6:00-6:30PM	Jan 11	Mar 8	REGISTER
Victoria	Juan de Fuca Recreation Centre	Sunday	5:15-5:45PM	Jan 12	Mar 9	REGISTER

Reg. opens: Sunday, December 1st at 6:00pm

Registration is first-come, first served. Sessions subject to change.

Swimmer 2 will continue to build on the foundational skills mastered in Lifesaving Society Swimmer 1, with a focus on kicking, front and back crawl, and Water Smart education.

Participants will continue to work on endurance with a target distance of 10 meters. An intro to deep water activities and life jackets will also be included.

***Prerequisite: Participants must have successfully completed Swimmer 1 (or Red Cross Level 1) and/or are able to confidently and independently execute skills developed in Swimmer 1.**

COST: \$70 for 8 weeks



WINTER 2025 SWIMMER 2: LOCATIONS & TIMES

City	Facility	Day	Time	Starts	Ends	Register
Abbotsford	Matsqui Recreation Centre	Wednesday	5:30-6:00PM	Jan 15	Mar 5	REGISTER
Burnaby	Edmonds Community Centre	Saturday	9:30-10:00AM	Jan 11	Mar 8	REGISTER
Burnaby	Edmonds Community Centre	Saturday	10:00-10:30AM	Jan 11	Mar 8	REGISTER
Chilliwack	Cheam Leisure Centre	Sunday	10:00-10:30AM	Jan 12	Mar 9	REGISTER
Coquitlam	Bettie Allard YMCA	Sunday	2:00-2:30PM	Jan 12	Mar 9	REGISTER
Coquitlam	Bettie Allard YMCA	Sunday	2:30-3:00PM	Jan 12	Mar 9	REGISTER
Kamloops	YMCA	Sunday	5:00-5:30PM	Jan 12	Mar 9	REGISTER
Kamloops	YMCA	Sunday	5:30-6:00PM	Jan 12	Mar 9	REGISTER
Kelowna	Rutland YMCA	Sunday	1:30-2:00PM	Jan 12	Mar 9	REGISTER
Langley	W.C. Blair Recreation Centre	Saturday	11:00-11:30AM	Jan 11	Mar 8	REGISTER
Maple Ridge	Maple Ridge Leisure Centre	Saturday	2:00-2:30PM	Jan 11	Mar 15	REGISTER
Mission	Mission Leisure Centre	Sunday	9:30-10:00AM	Jan 12	Mar 9	REGISTER
Nanaimo	Beban Park Pool	Sunday	4:30 –5:00PM	Jan 12	Mar 9	REGISTER
Nanaimo	Beban Park Pool (Advanced)	Sunday	6:30-7:00PM	Jan 12	Mar 9	REGISTER

Continued on next page.

WINTER 2025 SWIM LEVEL 2: LOCATIONS & TIMES

City	Facility	Day	Time	Starts	Ends	Register
Surrey	Tong Louie YMCA	Saturday	4:45 -5:15 PM	Jan 11	Mar 8	REGISTER
Surrey	Guildford Recreation Centre	Sunday	2:45-3:15PM	Jan 12	Mar 23	REGISTER
Vancouver	Jewish Community Centre	Saturday	12:30-1:00PM	Jan 11	Mar 8	REGISTER
Vancouver	Jewish Community Centre	Saturday	1:00-1:30PM	Jan 11	Mar 8	REGISTER
Victoria	Esquimalt Recreation Centre	Tuesday	5:30-6:00PM	Jan 14	Mar 4	REGISTER
Victoria	Esquimalt Recreation Centre	Saturday	6:30-7:00PM	Jan 11	Mar 8	REGISTER
Victoria	Juan de Fuca Recreation Centre	Sunday	5:45-6:15PM	Jan 12	Mar 9	REGISTER

Reg. opens: Sunday, December 1st at 6:00pm

Registration is first-come, first served. Sessions subject to change.

Swimmer 3 (6-12yrs)

Swimmer 3 expands on Swimmer 2 skills, adding in front/side glide with kicks and increasing front and back crawl distance to 15m. Time will be spent in deep water practicing jumps, dives, and deep water support.

Prerequisite: Participants must have passed and/or are able to confidently and independently execute skills developed in Swimmer 2 (Red Cross Level 2). It is the parent or guardian's responsibility to sign up for the correct level. [Refer to our Lifesaving Society guide >](#)

COST: \$70 for 8 weeks



WINTER 2025 SWIM LEVEL 3: LOCATIONS & TIMES: 6-12 YEARS

City	Facility	Day	Time	Starts	Ends	Register
Kamloops	YMCA	Thursday	6:30-7:00PM	Jan 16	Mar 6	REGISTER
Victoria	Juan de Fuca Recreation Centre	Sunday	6:15-6:45PM	Jan 12	Mar 9	REGISTER

Reg. opens: Sun, Dec 1 at 6pm. Reg. is first-come, first served. Sessions subject to change.

Virtual Programming is hosted through Zoom. Coaches connect with participants in real-time to teach fun, interactive lessons in a supportive digital environment.

COST: \$30 for 6 weeks

Advanced Coding

For those comfortable with coding or have completed CAN Coding.

Coding

Learn fundamental coding skills. No experience or software required.

Coding App Development

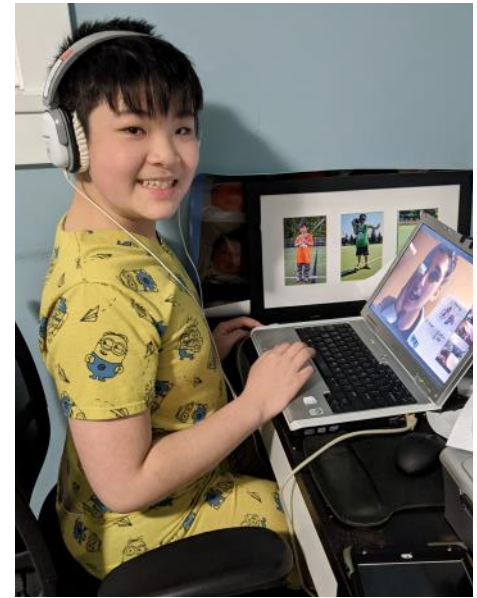
Learn how to make your own app!. No experience or software required.

Drawing

Draw pictures while socializing and making friends! Some basic household items may be needed to participate in certain activities.

Science

Discover science through experiments & activities. Learn and have fun!



Generation Health Community inspires families to be active and healthy. Explore your family’s eating, activity, wellness, screen time, and sleep behaviours. Tuesdays (parents/caregivers only) and Thursdays (parents/caregivers and children).

COST: Free for 10 weeks

Requirement: At least one parent/caregiver must attend each session. It does not need to be the same adult each week.

CAN credits, courtesy of Generation Health Community, may be offered upon completion. Credits may be applied to future CAN program fees.



WINTER 2025 GENERATION HEALTH COMMUNITY DATES & TIMES: 7-12

Location	Activity	Day	Time	Starts	Ends	Register
Zoom	Generation Health Community	Tue & Thu	6:30-7:30	Jan 14	Mar 20	REGISTER

WINTER 2025 VIRTUAL PROGRAMS DATES & TIMES: 7-12 & 9-12

Location	Activity	Day	Time	Starts	Ends	Register
Zoom	Coding	Monday	5:15-6:00PM	Jan 13	Feb 24	REGISTER
Zoom	Coding-Advanced	Monday	6:15-7:00PM	Jan 13	Feb 24	REGISTER
Zoom	Coding- App Development	Wednesday	5:15-6:00PM	Jan 15	Feb 19	REGISTER
Zoom	Drawing	Sunday	11:00-11:45AM	Jan 19	Mar 2	REGISTER
Zoom	Science	Saturday	11:00-11:45AM	Jan 18	Mar 1	REGISTER

Reg. opens: Sunday, December 1st at 6:00pm

Registration is first-come, first served. Sessions subject to change.

YOUTH & ADULT PROGRAMS

13-17, 18+



Within the [Youth & Adult Swim Program \(13+\)](#), participants set their own goals to develop water confidence and smooth recognizable strokes.

Skills have been adapted from the [Lifesaving Society Swimmer 1 program](#). The program provides a great opportunity to improve swimming skills, meet new people and increase fitness level.

This program is suitable for participants who are still developing water entries and exits, floats, glides, and front crawl of 10 metres.

COST: \$70 for 8 weeks

Participants who have completed the Lifesaving Society's Swimmer program (Red Cross Basic 1), or who are comfortable with the swim skills listed above, are encouraged to access Lifesaving Society teens and young adult programs in their community.

This program is for anyone age 13+ who self-identifies as Autistic. [A formal diagnosis is not required.](#)



WINTER 2025 YOUTH & ADULT SWIM LOCATIONS & TIMES: 13+ YEARS

City	Facility	Day	Time	Starts	Ends	Register
Burnaby	Edmonds Community Centre	Saturday	10:30-11:00AM	Jan 11	Mar 8	REGISTER
Kamloops	YMCA	Thursday	7:00-7:45PM	Jan 16	Mar 6	REGISTER
Kelowna	Rutland YMCA	Sunday	2:00-2:30PM	Jan 12	Mar 9	REGISTER
Langley	W.C. Blair Recreation Centre	Saturday	11:30-12:15PM	Jan 11	Mar 8	REGISTER
Surrey	Tong Louie YMCA	Saturday	3:00-3:45PM	Jan 11	Mar 8	REGISTER
Surrey	Guildford Recreation Centre	Sunday	3:15-4:00PM	Jan 12	Mar 23	REGISTER
Vancouver	Jewish Community Centre	Saturday	1:30-2:00PM	Jan 11	Mar 8	REGISTER
Victoria	Esquimalt Recreation Centre	Saturday	7:00-7:30PM	Jan 11	Mar 8	REGISTER

Reg. opens: Sunday, December 1st at 6:00pm

Registration is first-come, first served. Sessions subject to change.

Weekly Youth & Adult Rec Programs (13-17 and 18+)

[Weekly Youth & Adult Rec Programs](#) range in opportunities from season-to season.

Our team is committed to providing a wide variety of recreational opportunities to youth & adult participants year-round.

A formal autism diagnosis is not required. CAN youth & adult programs are for anyone who self-identifies as Autistic.

Bouldering (13-17 & 18+yrs)

Learn the basics of bouldering with staff at the Hive in Surrey.

COST: \$51 for 6 weeks

Climbing (13+yrs)

Learn the basics of top rope climbing with Romper Room in Nanaimo.

COST: \$51 for 6 weeks

Creative Writing (16+yrs)

Calling all creatives! Develop the skills to write your own story.

COST: \$30 for 6 weeks (virtual)

Dungeons & Dragons (18+yrs)

Enjoy the fantasy role-playing game! This introductory program is led by an experienced Dungeon Master and supported by CAN staff.

COST: \$30 for 6 weeks (virtual)

Fitness (15+yrs)

Benefit from an introduction to cardio exercises, free weights, and basic gym etiquette in Victoria.

COST: \$51 for 6 weeks

Skating (13+yrs)

Develop your skating skills through structured practices, engage in thrilling games, make new friends, and experience the joy of gliding across the ice in Nanaimo.

COST: \$60 for 6 weeks

Virtual Movie Club (13+yrs)

Watch movies with your peers! Meet every 2nd and 4th Tuesday of the month. Movies selected with input from CAN participants. **Participants require their own Netflix account** with Teleparty installed.

[Register](#) once to gain access every month until August 2025.

COST: FREE



Weekly Youth & Adult Rec Programs (13-17 and 18+)

WINTER 2025 DROP IN RECREATION PROGRAMS

Program	Age	Location	Day	Time	Starts	Ends	Register
Movie Club	13+	Online	Tuesdays	6:00-8:15PM	Oct 10	Aug 26	REGISTER

Registration is open year-round.

Drop-in programs only require one registration for the entire 2024-25 program year.

WINTER 2025 YOUTH AND ADULT WEEKLY PROGRAMS

Program	Age	City	Day	Time	Starts	Ends	Register
Bouldering	13-17	Surrey	Saturday	3:30-4:45PM	Jan 18	Mar 1	REGISTER
Bouldering	18+	Surrey	Saturday	5:00-6:15PM	Jan 18	Mar 1	REGISTER
Climbing	13+	Nanaimo	Monday	6:30-8:00PM	Jan 13	Feb 24	REGISTER
Creative Writing	16+	Online	Monday	6:30-8:00PM	Jan 20	Mar 3	REGISTER
Dungeons & Dragons	18+	Online	Tuesday	6:00-8:30PM	Jan 7	Feb 11	REGISTER
Fitness	15+	Victoria	Saturday	2:15-3:15PM	Jan 18	Mar 1	REGISTER
Skating	13+	Nanaimo	Friday	5:15-6:00PM	Jan 17	Feb 28	REGISTER

Reg. opens: Sunday, December 1st at 6:00pm

Registration is first-come, first served. Sessions subject to change.

Weekly Wellness & Mental Health Programs (13+, 18+ & 19+)

Weekly Wellness & Mental Health Programs range in opportunities from season-to season.

Our team is committed to providing a wide variety of opportunities to youth & adult participants year-round.

A formal autism diagnosis is not required. CAN youth & adult programs are for anyone who self-identifies as Autistic.

Autistic Youth & Well-Being (13-17yrs)

Explore mental health in a supportive and engaging environment. This program is ideal for youth who are interested in learning more about their mental health, who have struggled with mental health challenges, and/or are ready to engage in meaningful conversations with their peers about mental health.

In partnership with the Rae Morris Counselling Group, each session is co-led by a clinical counselor and two Autistic peer facilitators.

COST: FREE for 10 weeks

Healthy Relationships, Sexuality & Autism (HRSA) (19+yrs)

HRSA is a 16-week virtual sex-positive, inclusive sexuality education program for Autistic adults, developed by Autism Nova Scotia and delivered by Canucks Autism Network.

Topics include: Dating, Gender Identity, Sexual Behaviours and Relationships.

COST: \$90 for 16 weeks

Women's Peer Group (18yrs+)

A space for Autistic women, gender non-conforming, and gender-diverse individuals. Validate, inform and support each other in areas of mutual interest while fostering friendships and social contacts.


You can join at any point and attend whatever meetings work for you. [Learn more >>](#)

COST: FREE



Weekly Wellness & Mental Health Programs (13+, 18+ & 19+)

WINTER 2025 WELLNESS & MENTAL HEALTH PROGRAMS

Program	Age	Location	Day	Time	Starts	Ends	Register
Women's Peer Group 	18+	Online	Tuesday	6:30-8:30PM	Sep 10	June 24	REGISTER

Registration is open year-round.

Drop-in programs only require one registration for the entire 2024-25 program year.

WINTER 2025 WELLNESS & MENTAL HEALTH PROGRAMS

Program	Age	Location	Day	Time	Starts	Ends	Register
Autistic Youth and Wellbeing	13-17	Online	Wednesday	6:30-8:00PM	Feb 5	Apr 9	REGISTER
Healthy Relationships, Sexuality and Autism (HRSA)	19+	Online	Thursday	6:00-8:00PM	Feb 6	May 22	REGISTER

Reg. opens: Sunday, December 1st at 6:00pm

Registration is first-come, first served. Sessions subject to change.

Pop-Up Opportunities (13+ yrs)

In addition to weekly & drop-in programs, we also offer one-day workshops and events.

These pop-ups are available both in-person and virtually, and explore rec, wellness & mental health, while encouraging social connection.

Past rec pop-ups have included birding, bowling, cooking, and more.

Past wellness & mental health programs and workshops have been developed and led by Autistic Facilitators, CAN staff, and clinicians on topics such as healthy sleeping habits, setting boundaries, yoga, arts & crafts and more!

Reg. opens: The 15th of each month at 6:00pm.

[Subscribe to the monthly newsletter to be kept in the loop!](#)



Develop pre-employment skills and gain a paid work experience placement in the hospitality industry within the Lower Mainland.

Participants will have the opportunity to select from a range of optional workshops to complement their career goals and employment needs.

Get certified in First Aid, FOODSAFE, SUPERHOST customer service, Workplace Hazardous Materials Information System (WHMIS), and more!



Eligibility Requirements

- 16+ years old
- Self-identify as being on the autism spectrum
- Not registered in secondary or post-secondary school
- Unemployed or precariously employed
- Not receiving Employment Insurance (EI) benefits
- Canadian citizen, permanent resident, or granted refugee status; legally entitled to work in Canada



Classroom Training

- Up to five days in-person at the CAN Office
- Up to eight participants for five weeks
- Workshops, discussions, group & individual work
- Participants will get a lunch stipend

Paid Work Experience

- 120 hours over 6 weeks* in an entry level position
**Assuming 20 hours per week. Length may vary depending on weekly schedule.*
- May be anywhere across the Lower Mainland
- Onsite support provided by CAN staff

UPCOMING CAN-STEP COHORTS

Season	Start	Classroom	Work Experience	Apply
Spring	March 24	CAN office, Vancouver Mon-Fri, 9:30am-3:30pm	Lower Mainland (Location & Hours Vary)	APPLY
Summer	June 9	CAN office, Vancouver Mon-Fri, 9:30am-3:30pm	Lower Mainland (Location & Hours Vary)	COMING SOON

Registration for our Spring cohort opens Sun, Dec 1 at 6pm.

CAN-STEP follows an intake process. Applicants will be contacted for an interview.

Questions? Email step@canucksautism.ca

Reach your career goals!

Are you looking for employment or need extra support in your post-secondary studies within the Lower Mainland? We can help.

Our Navigator can connect you with community agencies and services that:

- provide pre-employment and on-the-job supports
- have connections to employment opportunities in a variety of industries
- provide mental health, life skills, and housing service referrals
- help with post-secondary studies (e.g. coursework and accommodations needed to complete an internship or field placement)



The first step is to complete [The Compass questionnaire](#).

1. Tell us about your employment, education, and experience with community services. It only takes 10 minutes to complete!
2. Review the [Terms of Use for The Compass](#).
3. Fill out the [Compass Questionnaire](#).

Our Navigator, [Maegan O'Neill](#) will follow up with you by phone or email to arrange a time to meet (either in-person or virtually).

In your meeting, we will learn more about your support needs and connect you to supports and/or employment opportunities in your community.

Or contact Maegan directly:

Maegan O'Neill
Navigator, Youth & Adult Services
maegan.oneill@canucksautism.ca

Intake for RWA career navigation services is open year-round.

Those who fill out our intake questionnaire will be contacted for individualized support.



Funded by the Government of Canada's Opportunities Fund for Persons with Disabilities, Ready, Willing & Able (RWA) is a national partnership initiative of Inclusion Canada and Autism Alliance of Canada and their member organizations.

CAN is an RWA partner, co-delivering the program provincially with Inclusion BC.

Thank You to our Winter 2025 Program Funders

