



**CAN**  
CANUCKS AUTISM NETWORK

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**Going to**  
*DANCE!*





Dance is really fun!





I will play fun games  
where I move my body.





I will listen to the coach and my support worker so we can have fun!





The coaches will be there to encourage me to try new things.





I will stretch.





I will play games.





I will move to music.



I will be creative and use my imagination.





There will be new activities I get to try!  
If I need help I can ask my coaches.



Or I can ask for a break.





I will be a good team player by being positive and following instructions.





At the end we will do a cool down!





I will have fun at dance!