

It's Okay to be Different

WCBF K-1

<p>Objective: To help students recognize everyone has something that makes them unique and that it's okay to be different.</p>	<p>IRP PLO(s) addressed: Grade K, English Language Arts B2: <i>respond to literature through a variety of activities</i> Grade K, Health and Career Education C4: <i>differentiate between positive and negative behaviours in relationships</i></p>
<p>Materials needed:</p> <ul style="list-style-type: none"> ▪ Friendship Superhero Poster ▪ <i>It's Okay to be Different</i> ▪ It's Okay to be Different worksheet 	<p>Grade 1, English Language Arts C1: <i>create straightforward personal writing and representations that express simple ideas, feelings, likes, and dislikes</i> Grade 1, Health and Career Education C5: <i>differentiate between positive and negative behaviours in friendships</i></p>

	Teacher guide		Student guide
Opening	Time 2 min	<p>Introduce Pinkus and his part in the WCBF program: Pinkus is a Friendship Superhero whose superpower is friendship and he reminds us how to be a good friend. He reminds of five things to do to be a good friend.</p> <p>Introduce the Friendship Superhero Poster and review the five things Friendship Superheroes do - help each other, use kind words, share, listen, and wait your turn.</p>	Students listen.
Pre-Activity	10 min	<p>Introduce the book <i>It's Okay to be Different</i>: This story talks about how everyone has something that makes them different and it's okay to be different. While we're reading the story I want you to think of something that makes you different. Provide an example such as, I don't like to eat ice cream and that's okay.</p> <p>Read <i>It's Okay to be Different</i>.</p>	Students listen and think about something that makes them different.
Activity	15 min	<p>Introduce the It's Okay to be Different worksheet. Provide an example: Draw a picture of a person eating cake while other people at ice cream. Write below "It's okay to not like ice cream".</p> <p>Invite students to share what makes them unique and write their answers on the board.</p> <p><i>Sample student responses:</i></p> <ul style="list-style-type: none"> • It's okay to not like pizza • It's okay to talk to your pets • It's okay to be short <p>Students complete worksheet.</p>	<p>Students share what makes them unique.</p> <p>Students complete worksheet sentence and draw a picture.</p>

Closure	5 min	<p>Show some of the completed worksheets to the class.</p> <p>Ask students to think like Pinkus who knows it's okay to be different and remind them to be a Friendship Superhero in the classroom, at recess, lunch, and after school. For example, including sharing their crayons with a classmate, including a classmate in their game at recess, inviting someone new to come over after school.</p>	<p>Students think about being a Friendship Superhero like Pinkus.</p>
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Adaptations:

- ⇒ Provide colouring sheets with an outline of a face and/or outlines of eyes, mouth, etc. Students can colour and/or draw differences.
- ⇒ Provide colouring sheets with an outline of a face and provide cut-outs of eyes, mouth, etc. that students can place onto the face and could colour.

Reflection: What went well? What needs to be changed for next time? What did I observe about my students? What would better facilitate my teaching of this topic? What needs to be considered for subsequent lessons on this topic?

It's okay to _____
_____.